



P-ISSN: 2394-1685
E-ISSN: 2394-1693
Impact Factor (RJIIF): 5.38
IJPESH 2023; 10(2): 358-364
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www.kheljournal.com
Received: 15-01-2023
Accepted: 22-02-2023

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Contribution of Arjuna awardee Jaipal Singh as a coach in Punjab police and Indian boxing

Jagdeep Singh and Dr. Pravin Kumar

Abstract

“Coaching is one of the most effective leadership styles that can transform, empower and unlock people’s potential” (Farshad Asl). The earliest pictures of boxing came from a Sumerian relief site in Iraq 3rd millennium BC years ago. A sculpture made by Egyptian Thebes in (1350 BC) depicts boxers and spectators. In these early images, fighters were shown fighting with bare fists, bandages on the wrists. The earliest evidence of gloves was found in Minoan Crete (1500-1400 BC). The earliest evidence of boxing in ancient India is found in the classical Vedic epics Rigveda and Ramayana. The Vedic epic of India depicts various types of boxing. India’s oldest battle, the Mahabharata depicts two warriors attacking each other with fists, legs finger and knees. Rudradaman the ruler of India was known for his “great science” as well as being a great boxer, swordsman, good horseperson, chariot man and great elephant rider. Another name for boxing in ancient Greece was pygmachia. The game was passed in the 23rd Olympiad in the ancient Olympics. Arjuna Awardee Jaipal Singh four year coaching carrier from 1991 to 1994 was selected for the study. Here Jaipal Singh did not coaching any ordinary players or ordinary boxing teams in boxing. This training center was established by the Punjab Police at Bahadurgarh Patiala to promote the sport of boxing among the boxers of the Punjab Police and the Punjab Police. Here, Jaipal Singh was taken in charge of this training center because Jaipal Singh was an Asia Medalist in boxing and N.I.S. diploma holder. During his four coaching carrier, Jaipal Singh has produced any talented boxing players for Punjab boxing and Punjab police. By the way, Jaipal Singh trained many boxing players of Punjab police in this training center who won many medals for Punjab police and Punjab. The seven most talented boxers of Jaipal Singh and their achievements were selected for this study. The main objective of the research is to give a new direction to Punjab boxing and Punjab police boxing.

Keywords: Contribution, achievements, strategy, Punjab police, Indian boxing

Introduction

“Success is no accident. It is hard work, perseverance, learning, studying, sacrifice and most of all, love of what you are doing or learning” (Pele). Arjuna awardee Jaipal Singh was born on 15 Jan 1958 at the home of late Shrimati Malkit Kaur father Shri karnail Singh grandfather shri puran Singh Nambardar at Vpo Rohira Tehsil Malerkotla dist Sangrur. Shri Jaipal Singh completed his matriculation from Government high school Akberpur Channa and prep from Sant Baba attar Singh Khalsa college Sandaur. Shri Jaipal Singh completed his graduation from Govt college malerkotla. Shri Jaipal Singh while perusing his BA degree in Government College Malerkotla Jaipal Singh won three time consecutive gold medal in Punjabi university intercollegiate boxing competition. Shri Jaipal Singh has won gold medal in three time consecutive intervarsity competition. Shri Jaipal Singh Shri was selected for national camp boxing during Lailpur khalsa college Amritsar intervarsity competition. Shri Jaipal Singh became the national champion in 1984. Shri Jaipal Singh won gold medal in king cup boxing in 1985 and 1986 consecutively Shri Jaipal Singh won a gold medal at the tenth Asian games held on 5th Oct 1986 (Seoul) south Korea.

N.I.S diploma

Shri Jaipal Singh obtained a boxing coach diploma from N.I.S Patiala since 1985. Shri Jaipal Singh during his police career he trained many police players for several police competition.

Review of related literature

Niranjan (1988) ^[5] conducted a study on Parkash Padukone International Badminton player in 1988. Prakash Padukone was born on 10 June 1955 in famous city of Bangalore, Karnataka. Parakash's father was the secretary of the badminton association. Parkash Padukone won a gold and a bronze medal at the Badminton World cup, a gold at the commonwealth Games and a bronze medal twice at the Asian Games. Where Vikas Padukone developed his game, he made his state and country famous. He was awarded the Arjuna Award and Padma Shri by the Government of India for being an independent player and coach. The researcher believes that this research will give a new direction to the youth of the country towards sports. The study will help in producing world class players in India.

Thomas (1989) ^[4] conducted a case study on international Indian athlete Shiny Abraham 1989. Shiny Abraham was born on May 8, 1965 in Ldukki district of Kerala state. Shiny Abraham had a sister and a brother who were good athletes. As a child, she was inspired by his father for athletics. She started his athletics career in 1977 as a member of the district team. That same year she was selected for the Kerala athletic team. She set a new record in 1984 in Delhi by running 800 meters in just two minute nine seconds. At just 19 year old, shiny had toured many countries, representing India in various competitions. Shiny became the first Indian women athlete to reach the semifinals of the 1984 Olympic Games. Shiny Abraham believes that sports activities should be started from childhood. Representing India in his sporting career, Abraham won three gold, four silver and two bronze medals at the Asian championships. Shiny had won one gold, two silvers and one bronze medal at the Asian Games.

Inbarajan (1989) ^[6] carried out a case study on Indian hockey player Mr.V.J. Phillips. The purpose of this research was highlighting the outstanding achievements of Mr. Phillips. The investigators interviewed Phillips's family members, his coach Kalyana Sundaram and the physical director of St. Thomas high school. References to research materials and photographs were also submitted for investigation. The information received revealed that Mr. Manny of St. Thomas mount club was a great source of inspiration for Mr. Phillips. Phillips won a gold medal for India in his sporting carrier. Phillips was awarded the title of "world Cup" his outstanding by the International hockey federation for his outstanding achievements.

Objective of the Study

The objective of the Research is to evaluate the contribution of Arjuna Awardee Jaipal Singh coaching in Punjab police.

Hypotheses of the study

It is hypothesized that Jaipal Singh would have contribution significantly to Punjab and Punjab police boxing as a coach and player.

Limitation of Study

The study was limited that Arjuna awardee Jaipal Singh four year coaching carrier and their achievements from 1991 to 1994.

Delimitation of the study

The study was delimited to Arjuna Awardee Jaipal Singh's four year coaching carrier in bhadurgarh (Patiala) training

center and their seven boxing players representing achievements national level, Punjab level and Punjab police games. The study was delimited to their contribution in terms of performance and achievements.

Significance of the study

The significance of this study includes the importance of Arjuna Awardee Jaipal Singh's contribution and achievements to Punjab police boxing and Punjab boxing. The research also includes outstanding performances of seven boxers of Punjab police at national level, Punjab level and Punjab police games. With this research, police sports and Punjab sports will get a good boost. This research will act as an inspiration for Punjab police players and young players of Punjab.

Analysis of data and Interpretation

A study was prepared to examine the contribution and achievements of Jaipal Singh in Punjab Police and Punjab Boxing for the promotion and development of boxing. The present study is conducted on seven selected trainee boxers of Mr. Singh. These seven selected boxers represented Punjab boxing at national and Punjab level.

Gurdeep Singh Inspector (Punjab Police)



Gurdeep Singh was born on 2 July 1969 in the city of Bathinda. Gurdeep Singh's father's name was Shri Rakha Singh. Shri Rakha Singh had a book shop in Bathinda. Gurdeep Singh's younger brother Shri Navdeep Singh was a good boxing player. Navdeep Singh won Browns Medal in Punjab State Games. Gurdeep Singh completed his 10th and 12th standard from M. H. R. Senior Secondary School, Bathinda. Gurdeep Singh joined the Punjab Police on 1 September 1989.

Table 1: Sports Achievements of Gurdeep Singh

Sr. No	Tournament	Year	Place	Position
1.	Senior Punjab boxing championship	1991	----	Gold
2.	Senior National boxing championship	1992	Jamshedpur	Bronze
3.	Senior National boxing championship	1993	hyderabad	participate
4.	National games	1994	Pune	Silver
5.	Senior National games	1995	Kanpur	Participate
6.	Y.M.C.A Boxing Championship	1994	Delhi	Bronze
7.	All India Boxing Championship	1995	Nainital	Gold
8.	All India Boxing Championship	1996	Nainital	Silver
9.	Punjab police regiment	Five time	Jalandhar	Gold

Sherwinder Singh S.H.O (Punjab Police)

Sherwinder Singh was born on 19 December 1974 in village Nilawal Tehsil Sunam District Sangrur. Singh's father's name was Shri Sher Singh who was a Subedar in the Indian Army.

Sherwinder Singh's father Shri Sher Singh was a famous boxer of his time. Sherwinder Singh joined Punjab Police as a constable.

Table 2: Sports Achievements of Sherwinder Singh

Sr. No	Competition	Year	Place	Position
1.	Ravi Parkash memorial championship	1990	Allahabad	Silver
2.	Allahabad Amateur boxing championship	1990	Allahabad	Gold
3.	5 th U.P Sub junior championship	1990	Nanital	Gold
4.	Punjabi university championship	1991	Patiala	Gold
5.	24 th junior Punjab championship	1991	Jalandhar	Gold
6.	24 th national boxing championship	1991	Panchgani	Participate
7.	3 rd All India Dr. Y.S. Parmar championship	1992	Shimla	Gold
8.	All India Intervarsity boxing championship	1992	Rohtak	Silver
9.	Open Punjab state games men	1992	Jalandhar	Silver
10.	2 nd All India A.K. Mishra championship	1993	Chandigarh	Silver
11.	25 th Junior Punjab championship	1993	Sunam	Gold
12.	39 th Inter-range police games	1993	Jalandhar	Silver
13.	2 nd All India A.K. Mishra championship	1993	Chandigarh	Bronze
14.	Open Punjab State Games	1993	Amritsar	Silver
15.	3 rd National Games	1994	Pune	Silver
16.	40 th Senior national boxing championship	1994	Kanpur	Bronze
17.	3 rd All India A.K. Mishra championship	1994	Chandigarh	Bronze
18.	41 th Senior National championship	1995	Jaipur	Participate
19.	5 th Federation cup championship	1995	Madras	Silver
20.	7 th Dr. Y.S. Parmar All India Championship	1995	Shimla	Gold
21.	4 th All India A.K. Mishra championship	1996	Chandigarh	Gold
22.	39 th Senior Punjab boxing	1997	Amritsar	Gold
23.	43 th Senior National championship	1997	Calcutta	Participate
24.	2 nd Faridkot Range Police games	1997	Bathinda	Gold
25.	40 th Senior Punjab championship	1998	Samrala	Gold

Kamaldeep Singh A.S.I (Punjab police)

Kamaldeep Singh was born on 19 September 1974 in Sunam Udham Singh Wala. Kamaldeep Singh's father was named Jangir Singh and his late mother Hardial Kaur. Mr. Jangir Singh was in government service. Kamaldeep Singh

completed his matriculation from Government High School Sunam. Kamaldeep Singh participated in the first Sub Junior Punjab Boxing Championship in 1988 and won a gold medal. Kamaldeep Singh joined the Punjab District Police in 1993.

Table 3: Sports Achievements of Kamaldeep Singh

Sr. No	Competition	Year	Place	Position
1.	5 th National Sub Junior	1989	Kolan (Kerla)	Silver
2.	Punjabi Uni boxing championship	1989	Patiala	Gold
3.	Punjabi Uni boxing championship	1990	Patiala	Gold
4.	25 th National boxing championship	1991	Panchgani	Second
5.	24 th junior boxing championship	1991	Jalandher	Gold
6.	Punjab junior boxing championship	1991	Khanna	Silver
7.	Punjabi Uni boxing championship	1992	Patiala	Gold
8.	Open Punjab State	1992	Jalandher	Gold
9.	All India boxing championship	1993	Hosiarpur	Gold
10.	9 th North India senior boxing champion	1993	Chandhigarh	Gold
11.	25 th junior boxing championship	1993	Sunam	Gold
12.	Punjabi uni boxing championship	1993	Patiala	Gold
13.	All India inter university championship	1993	Rhotak	Participate
14.	Y.M.C.A	1994	Delhi	Participate
15.	Patiala police games	1994	Patiala	Gold
16.	Patiala range athletic meet	1995	Patiala	Gold
17.	Patiala range athletic meet	1996	Patiala	Gold
18.	Patiala police games	1999	Jalandher	bronze

Parmjit Singh A.S.I. (Punjab Police)

Paramjit Singh was born on 20 July 1978 in his maternal village Daraha district Ludhiana. Paramjit Singh's native village is Chathe Sekhwa Tehsil Sunam District Sangrur. Paramjit Singh's father late Shri Pritam Singh used to work as

a tailor. Paramjit Singh's father Pritam Singh was very interested in sports. Pritam Singh was a big fan of boxing. He was a big fan of the then international Punjabi boxer Kaur Singh. Paramjit Singh joined the Punjab Police as a constable.

Table 4: Sports Achievements of Parmjit Singh

Sr. No	Tournament	Year	Place	Medal
1.	Punjab State Competition	1990	Bathinda	Gold
2.	Punjab State Competition	1991	Sangrur	Silver
4.	Y.M.C.A boxing Competition	1992	Delhi	Silver
5.	Kurukshetra uni Competition	1993	Hansar	Gold
6.	Punjab State Competition	1994	Amritsar	Gold
7.	Kurukshetra uni Competition	1994	Hansar	Gold
8.	Kurukshetra uni Competition	1995	Kurukshetra	Silver
9.	All India boxing Championship	1994	Hansar	Gold
10.	All India boxing Championship	1995	Nainital	Bronze
11.	Inter range police Competition	2006	Jalandhar	Silver
12.	Inter range Police Competition	2007	Jalandhar	Gold

Sanjeev Kumar A.S.I (Punjab Police)



Sanjeev Kumar was born on 14 July 1975 at Sangrur. Sanjeev Kumar's father late Shri. Parmanand was an employee in the Punjab Electricity Board. Sanjeev Kumar had five siblings. Sanjeev Kumar's father encouraged his children towards good

studies and sports. His two sisters are working in the Punjab Health Department. Sanjeev Kumar is an A.S.I. in Punjab Police.

Table 5: Sports Achievements of Sanjeev Kumar

Sr. No	Tournament	Year	Place	Medal
1.	Sub Junior Punjab	1990-1991	Bathinda	Silver
2.	Sub Junior Punjab	1991-1992	Sangrur	Gold
3.	Sub Junior National	1991-1992	Ambala	Participation
4.	Junior State	1992-1993	Sunam	Bronze
5.	Junior State Punjab	1993-1994	Patiala	Gold
6.	Junior National	1993-1994	Ghuatti	Participation
7.	Y.M.C.A Junior National	1994	New Delhi	Participation
8.	Punjab Police Inter zone	1994	Jalandhar	Bronze
9.	Punjab Police Inter zone	1996	Jalandhar	Silver
10.	Punjab Police Inter zone	1998	Jalandhar	Silver

Samrat vir A.S.I (Punjab Police)



Samrat Vir was born on 15 January 1974 at his maternal village Dhuri. Samrat's father is a resident of Sangrur. Samrat's father Kamlesh Kumar was a famous boxer of his time. Kamlesh Kumar won many medals and titles. It was

Samrat's father kamlesh kumar who inspired him for sports. The Samrat's father worked as a transporter. Samrat completed his 10th and 12th standard education from Raj High School.

Table 6: Sports Achievements of Samrat Vir

Sr. No	Tournament	Year	Place	Medal
1.	Sub Junior	1988	Hosiarpur	Silver
2.	Sub Junior	1989	Sangrur	Gold
3.	National Junior	1990	Jabalpur	Bronze
4.	Haryana State Competition	1992	Haryana	Gold
5.	Senior State Haryana	1992	Haryana	Gold
6.	All India A.K. Mishra Championship	1992	Shimla	Gold
7.	All India Championship	1993	Chandigarh	Silver
8.	Northern India Championship	1994	Chandigarh	Silver
9.	Northern India Championship	1995	Pinjore	Silver

Gurwinder Singh A.S.I (Punjab Police)



Gurwinder Singh was born on 7 September 1973 in village Chahal Post Office Sarayamanat Khan Tehsil and District Tarn Taran. Gurwinder Singh's father's name was Shri Sucha

Singh and mother's name was Sarabjit Kaur. Gurwinder Singh completed his tenth grade education from Guru Hargobind Khalsa School, Gandiwind.

Table 7: Sports Achievements of Gurwinder Singh

Sr. No	Competition	Year	Place	Medal
1.	Inter Range Police Competition	1993	Jalandhar	Gold
2.	All India Invitation Competition	1993	Hoshiarpur	Gold
3.	Y.M.C.A boxing Championship	1994	Delhi	Participation

4.	A.K. Mishra Boxing Championship	1995	Chandigarh	Silver
5.	All India Invitation Competition	1995	Nainital	Participation
6.	Open Punjab Boxing Competition	1995	Maler Kotla	Gold
7.	Seiner National Boxing Competition	1995	Jaipur	Participation

Conclusion

It is clear from the above achievements that the seven boxing players selected by Arjuna Awardee Jaipal Singh have made important contributions to Punjab Boxing at national and Punjab level. Finally it is concluded that Arjuna Awardee Jaipal Singh has made significant contribution to Punjab Boxing and Punjab Police Boxing.

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