



P-ISSN: 2394-1685
E-ISSN: 2394-1693
Impact Factor (RJIF): 5.38
IJPESH 2022; 9(5): 15-18
© 2022 IJPESH
www.kheljournal.com
Received: 11-05-2022
Accepted: 18-07-2022

Vineesh TJ
Ph.D., Department of Physical
Research Scholar Education,
Bharathiar University,
Coimbatore, Tamil Nadu, India

Dr. Panbalagan
Professor Department of
Physical Education, Bharathiar
University, Coimbatore, Tamil
Nadu, India

Corresponding Author:
Vineesh TJ
Ph.D., Department of Physical
Research Scholar Education,
Bharathiar University,
Coimbatore, Tamil Nadu, India

Comparison of perception of life, perception of self and perception of others among catholic seminarians

Vineesh TJ and Dr. Panbalagan

Abstract

The purpose of the study was to find out comparison of perception of life, perception of self and perception of others among catholic seminarians. Catholic seminarians were selected as subjects from various catholic seminaries in Kerala. The subjects were ranged between 16 to 26 years. The selected catholic seminarians were assessed by Psychic variables. The selected subjects were divided into three equal groups namely groups of 50 subjects each. The perception of life, perception of self and perception others were selected as dependent variables. Selected dependent variables were measured by Mental Health Rating Scale (MHRS) (Structured by: Dr. S. Sathiyagirirajan. The obtained data from the group Descriptive statistics the analysis of variance (ANOVA) will be used to find out the significance among the mean differences, whenever the 'F' ratio for will be fixed to test hypothesis. Significant improvements. The level of significance was fixed at 0.05 level confidences for all the cases. Significant improvement was found on perception of life, perception of self and perception group due to the comparison of when compared to the catholic seminarians group.

Keywords: Perception of life, perception of self and perception of others

Introduction

Seminary is the place where the candidates are selected and given formation for the service of the humanity through church. The students in the seminary are called as seminarians. They have specific pattern of life including spiritual, intellectual and social, but the formatters are not much aware about the physical fitness. As they prepare themselves for the service to the whole world they should be physically fit to discharge their duties. This research may help them.

Seminarian in the Catholic Church

A seminarian is a man who is discerning the Lord's call to the Roman Catholic Priesthood. By virtue of his baptism, he is a member of the priesthood of all believers. The seminarian hears the Lord speaking to him and calling him to a fuller participation in the priesthood by becoming a priest of Jesus Christ. While the priesthood has many elements that make it like a job, it is primarily a vocation: A calling from the Lord. The seminarian then needs to be open to hearing the Lord's call in his life and be eager to respond to it.

Procedure to Selected Seminarian

Believing that, it is primarily a vocation: A calling from the Lord, the official authorities of the Catholic Church select the candidates to be seminarians based on certain criterion. The church in every country has specific norms to select the candidates in line with the guide lines given by the Magisterium, the highest authority in Roman Catholic Church. As per the Catholic Church in India the requirement to be a seminarian is following.

1. Age

A young man may apply for the seminary after completing high school. The upper age limit is normally fifty years because of the length of time required for seminary training and the reality that illnesses often increase and energy decreases with age. Candidates in their late twenties And thirties are common.

2. Educational

A high school diploma or Higher Secondary certificate is required to enter college seminary. Ordinarily a college degree is required to enter theology.

3. Health

Good physical and mental health is required and must be certified by health care professionals because of the life-long demands of the priesthood for physical stamina and emotional stability.

4. Family Background

The young man aspiring to be a seminarian must be from a reputed family in matters regarding faith and following catholic tradition. The candidate also has to demonstrate his personal conviction to follow the moral teaching, discipline and liturgy of the Catholic Church.

Catholics

Catholicism is the traditions and beliefs of Catholic Churches. It refers to their theology, liturgy, morals and spirituality. The term usually refers to churches, both western and eastern, that are in full communion with the See. In 2012, there were more than 1.1 billion Catholics worldwide. This makes up more than 17% of the world population. The word "Catholicism" comes from the Greek word *katholikos*. This means "according to the whole". Many people use the word Catholicism to talk about religious beliefs of the Catholic Church, whose leader is called the "Bishop of Rome" and

often called the "Pope". The Catholic Church is based in the Vatican City, a small independent country in the city of Rome, Italy. Sometimes the word also refers to beliefs of other Christian churches, including the Eastern Orthodox Churches, who have many beliefs similar to the Catholic Church, but do not believe the Bishop of Rome is their leader. The word Catholicism is often used to tell the difference between the beliefs of Catholic Christians and the beliefs of others called Protestant Christians. Catholic and Orthodox churches use church leaders, called bishops, to determine beliefs. Protestants, however, often use each member's own understanding of the Bible to determine beliefs. Protestants use guidelines from the 16th-century Protestant Reformation to understand the Bible. It is the world's second largest religious denomination after Sunnism.

Methodology

For the purpose of this study, altogether catholic seminarians were selected as subjects from various catholic seminaries in Kerala. The subjects were ranged between 16 to 26 years. The selected catholic seminarians were assessed by Psychic variables. The selected one fifty subjects were divided into three equal groups, consists of fifty each, namely group - I perception of life, group - II perception of self, group III perception of others. Test would be conducted. It would be find out finally the comparison of perception of life, perception of self and perception of others among catholic seminarians in scientific methods.

The selected tests were measured by following units for testing

Criterion Variables	Test Items	Unit Measurements
Perception of life	Mental Health Rating Scale (MHRS) (Structured by: Dr. S. Sathiyagirirajan)	In numbers
Perception of self	Mental Health Rating Scale (MHRS) (Structured by: Dr. S. Sathiyagirirajan)	In numbers
Perception of others	Mental Health Rating Scale (MHRS) (Structured by: Dr. S. Sathiyagirirajan)	In numbers

Statistical Technique

Descriptive statistics the analysis of variance (ANOVA) will be used to find out the significance among the mean differences, whenever the 'F' ratio for will be fixed to test hypothesis.

Results and Discussions

The effect of independent variables on each criterion variables was considered by dependent's'-test on the data achieved for speed, strength, flexibility, agility and balance. The pretest and post- test means of experimental group and control group have been analyzed and existing in Table I, II & III.

Table 1: Onaway Anova for Perception of Life among Minor Seminarians Philosophers and Theologians in the Catholic Seminarians

	Different Groups of catholic seminarians			Source of Variance	Sum of Squares	Do	Mean Squares	F
	Minor seminarians	Philosophers	Theologians					
Mean	26.42	23.78	32.70	Between	2099.573	2	1049.787	68.915
				Within	2239.260	147	15.233	

Table F – ratio at 0.05 level of confidence for 2 and 147 (df) = 2.01.

Significant

Table I shows that the obtained mean values on perception of life of the minor seminarians was 26.42, philosophers was 23.78, Theologians was 32.70. The analysis of variance (ANOVA) of the means proved that there was significant difference in perception of life between the different catholic seminarians as the obtained F

value of 68.915 was greater than the required F value of 2.01 to be significant at 0.05 level of confidence.

Since there was significant differences among minor seminarians, philosophers and Theologians in psychic variables such as perception of life, Scheffe's post hoc analysis was made to find out the paired mean difference and which is presented in table I (a).

Table 1(A): Schaffer's Post Hoc Test for Difference between Means on Perception of Life among Minor Seminarians Philosophers and Theologians in the Catholic Seminarians

Different Groups of catholic seminarians			MD	CI
Minor seminarians	Philosophers	Theologians		
26.42	23.78	-	2.64	1.92
26.42	-	32.70	6.28	
-	23.78	32.70	8.92	

*Significant

Table 1 (a) shows the mean difference on perception of life among minor seminarians, philosophers and Theologians in the catholic seminarians.

There was a significant difference in perception of life between minor seminarians and Theologians group and between minor seminarians group and philosophers group and between philosophers group and Theologians group as the obtained mean difference of 2.40, 2.76 and 5.16 were greater than the CI value of 1.62 at 0.05 level of confidence.

The obtained mean values on perception of life among minor seminarians, philosophers and Theologians in catholic seminarians were presented through bar diagram for better understanding of the results in figure 1

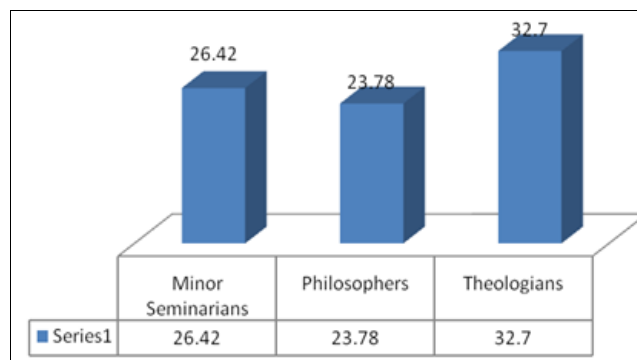


Fig 1: Perception of life

Table 2: One way Anova for Perception of Self among Minor Seminarians Philosophers and Theologians in the Catholic Seminarians

	Different Groups of catholic seminarians			Source of Variance	Sum of Squares	Df	Mean Squares	F
	Minor seminarians	Philosophers	Theologians					
Mean	27.72	24.36	21.48	Between	975.360	2	487.680	24.301
				Within	2950.080	147	20.069	

Table F, ratio at 0.05 level of confidence for 2 and 147 (df) = 2.01.

*Significant

Table 2 shows that the obtained mean values on perception of self of the minor seminarians was 27.72, philosophers was 24.36, and Theologians was 21.48. The analysis of variance (ANOVA) of the means proved that there was significant difference in perception of self between the different catholic seminarians as the obtained F value of 24.301 was greater than the required F value of 2.01 to be significant at 0.05 level of confidence.

Since there was significant differences among minor seminarians, philosophers and Theologians in psychic variables such as perception of self, Schaffer's post hoc analysis was made to find out the paired mean differences and which is presented in table 2(a).

Table 2(A): Schaffer's Post Hoc Test for Difference between Means on Perception of Self among Minor Seminarians Philosophers and Theologians in the Catholic Seminarians

Different Groups of catholic seminarians				MD	CI
Minor seminarians	Philosophers	Theologians			
27.72	24.36	-	3.36	2.19	
27.72	-	21.48	6.24		
-	24.36	21.48	2.88		

*Significant

Table 2 (a) shows the mean difference on perception of self among minor seminarians, philosophers and Theologians in the catholic seminarians. There was a significant difference in perception of self between minor seminarians group and

Theologians group and between minor seminarians group and philosophers group and between philosophers group and Theologians group as the obtained mean difference of 3.36, 6.24 and 2.88 were greater than the CI value of 2.19 at 0.05 level of confidence.

The obtained mean values on perception of self among minor seminarians, philosophers and Theologians in catholic seminarians were presented through bar diagram for better understanding of the results in figure 2.

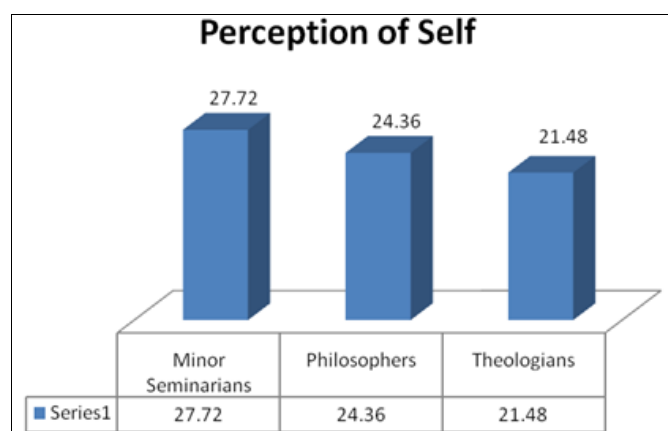


Fig 2: Perception of self

Table 3: One way Anova for Perception of Others among Minor Seminarians Philosophers and Theologians in the Catholic Seminarians

	Different Groups of catholic seminarians			Source of Variance	Sum of Squares	Df	Mean Squares	F
	minor seminarians	philosophers	Theologians					
Mean	25.04	22.28	28.42	Between	945.693	2	472.847	35.752
				Within	1944.180	147	13.226	

Table F – ratio at 0.05 level of confidence for 2 and 147 (df) = 2.01.

*Significant

Table 3 shows that the obtained mean values on perception of others of the minor seminarians was 25.04, philosophers was 22.28, Theologians was 28.42. The analysis of variance (ANOVA) of the means proved that there was significant difference in perception of others between the different catholic seminarians as the obtained F value of 35.752 was greater than the required F value of 2.01 to be significant at

0.05 level of confidence.

Since there was significant differences among minor seminarians, philosophers and Theologians in psychic variables such as perception of others, Schaffer's F post hoc analysis was made to find out the mean differences and which is presented in table 3(a).

Table 3(A): Schaffer's Post Hoc Test for Difference between Means on Perception of Others among Minor Seminarians Philosophers and Theologians in the Catholic Seminarians

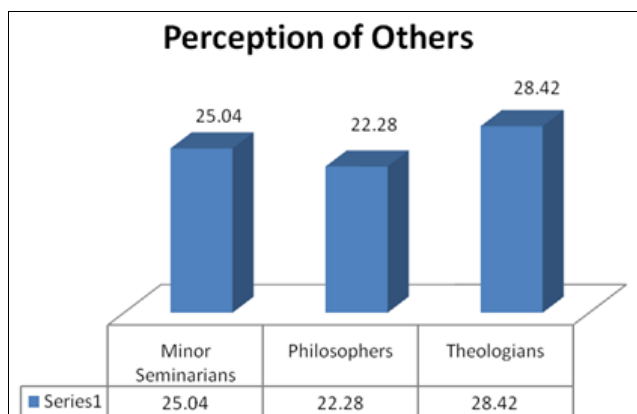
Different Groups of catholic seminarians			MD	CI
minor seminarians	philosophers	Theologians		
25.04	22.28	-	2.76	1.78
25.04	-	28.42	3.38	
-	22.28	28.42	6.14	

*Significant

Table 3(a) shows the mean difference on perception of others among minor seminarians, philosophers and Theologians in the catholic seminarians.

There was a significant difference in perception of others between minor seminarians group and Theologians group and between minor seminarians group and philosophers group and between philosophers group and Theologians group as the Obtained mean difference of 2.76, 3.38 and 6.14 were greater than the CI value of 1.78 at 0.05 level of confidence.

The obtained mean values on perception of others among minor seminarians, philosophers and Theologians in catholic seminarians were presented through bar diagram for better understanding of the results in figure 3.

**Fig 3:** Perception of other

Discussion on Findings

The finding of the study reveals that the minor seminarians, philosophers and Theologians in catholic seminarians should significant improvement in their perception of life, perception of self and perception of others. The findings of the study had close relationship with the results of the previous study conducted by Man-Ging, C. I., Frick, E., & Baumann, K. (2018) [9] Coping mechanisms for psychosomatic symptoms among aging roman catholic German priests in their study, they stated that minor seminarians, philosophers and Theologians in catholic seminarians significant improvement in their perception of life, perception of self and perception of others.

Conclusions

Improvement of on perception of life, perception of self and perception of others was found significantly on group due to the comparison of perception of life, perception of self and perception of others when compared to the group. In the present study the following conclusions have been made.

1. It was concluded that there was a significant difference on selected Perception of Life, Perception of Self and Perception of others among minor seminarians, philosophers and Theologians in the catholic seminarians.
2. It was concluded that minor seminarians were better on selected Perception of Self than the philosophers and Theologians in the catholic seminarians.

3. It was concluded that Theologians were better on selected Perception of Life and Perception of others than the minor seminarians and philosophers in the catholic seminarians.

References

1. Prusak J, Kwapis K, Pilecka B, Chemperek A, Krawczyk A, Jabłoński M, *et al.* The quality of life, meaning in life, positive orientation to life and gratitude of Catholic seminarians in Poland: A comparative analysis. *Archive for the Psychology of Religion.* 2021;43(1):78-94.
2. Magliano L, Citarelli G, Affuso G. Views of catholic priests regarding causes, treatments and psychosocial consequences of schizophrenia and depression: A comparative study in Italy. *Journal of religion and health.* 2021;60(2):1318-1338.
3. Dobrakowski PP, Skalski S, Surzykiewicz J, Muszyńska J, Konaszewski K. Religious coping and life satisfaction during the COVID-19 pandemic among Polish Catholics. The mediating effect of coronavirus anxiety. *Journal of clinical medicine.* 2021;10(21):4865.
4. Ruiz-Prada M, Fernández-Salineró S, García-Ael C, Topa G. Occupational stress and catholic priests: A scoping review of the literature. *Journal of religion and health.* 2021;60(6):3807-3870.
5. Kane MN, Jacobs RJ. The Approachableness of US Catholic Bishops as Perceived by Priests. *Pastoral Psychology.* 2021;70(1):17-32.
6. Stull LG, Harness J, Miller M, Taylor A. Attitudes about mental illness among seminary students: A qualitative analysis. *Journal of religion and health.* 2020;59(5):2595-2610.
7. Legada EL, Madrigal DV, Maravilla MWM. Spiritual well-being and resiliency of the diocesan seminarians of Antique. *Philippine Social Science Journal.* 2020;3(1):53-69.
8. Stump J, Luther M. *An Explanation of Luther's Small Catechism.* Good Press. c2019.
9. Man-Ging CI, Frick E, Baumann K. Coping mechanisms for psychosomatic symptoms among aging Roman Catholic German priests. *Journal of religion and health.* 2018;57(5):1793-1807.
10. Büssing A, Baumann K, Jacobs C, Frick E. Spiritual dryness in Catholic priests: Internal resources as possible buffers. *Psychology of Religion and Spirituality.* 2017;9(1):46.
11. Büssing A, Frick E, Jacobs C, Baumann K. Health and life satisfaction of Roman Catholic pastoral workers: Private prayer has a greater impact than public prayer. *Pastoral Psychology.* 2016;65(1):89-102.
12. Büssing a, Frick E, Jacobs C, Baumann K. Spiritual dryness in non-ordained Catholic pastoral workers. *Religions.* 2016;7(12):141.
13. Frick E, Büssing a, Baumann K, Weig W, Jacobs C. Do self-efficacy expectation and spirituality provide a buffer against stress-associated impairment of health? A comprehensive analysis of the German Pastoral Ministry Study. *Journal of Religion and Health.* 2016;55(2):448-468.