



P-ISSN: 2394-1685  
E-ISSN: 2394-1693  
Impact Factor (RJIIF): 5.38  
IJPESH 2022; 9(1): 111-112  
© 2022 IJPESH  
[www.kheljournal.com](http://www.kheljournal.com)  
Received: 01-12-2021  
Accepted: 04-01-2022

**Dr. Manmeet Gill**  
Associate Professor, SGGS  
College, Chandigarh, India

**Joginder Singh**  
Research Scholar, Department of  
Physical Education, Panjab  
University, Chandigarh, India

**Corresponding Author:**  
**Dr. Manmeet Gill**  
Associate Professor, SGGS  
College, Chandigarh, India

## Legendary Olympic wrestler Shri Rajinder Mor: A sport promoter and top administrator

**Dr. Manmeet Gill and Joginder Singh**

### Abstract

The goal of this research is to emphasize Sh. Rajender Singh's accomplishments and contributions to the nation's efforts to promote sports and also to comprehend his leadership style and management philosophies as they relate to his work as sports administrator. According to a study of public opinion, Sh. Rajender Singh has a wonderful disposition. He practiced regular daily exercise, was devout, and cared about his health. He was physically fit. He just loses his temper yet is very patient and persistent. He was incredibly adept at overcoming challenges, and he had a kind, helpful attitude toward people. He served as an inspiration to younger athletes and is a role model for others. He had a terrific sense of humor and was extremely forthright. He had excellent public relations and did not compromise on his ideals. He had a great deal of favor with his coworkers and teammates. In the face of defeat, he never let himself down, and his managerial style was democratic. He never made use of his position for his own gain. He maintained openness in his workplace.

**Keywords:** Legendary Olympic wrestler, sport promoter, top administrator

### Introduction

A vital aspect of human life is sports. Sports have a history that predates the development of human civilization. In the early stages of human civilization, being an athlete was a must for a living. From the earliest ancient Olympic Games in Greece in 776 B.C. to the most recent Olympic Games in Beijing in 2008, the nature of sports has altered over time. Whether it was the Ancient, Medieval, or Modern eras, athletes were always recognizable to the public. Throughout human history, societies have always kept records of and appreciated athletes. Thanks to the media, sports figures now not only have widespread recognition but also frequently appear on lists of millionaires and famous people. The unique aspect of wrestling is that it involves direct physical conflict between men. The most physically demanding sport is wrestling, which involves seven to eight minutes of continuous action testing the competitor's speed, agility, balance, stamina, strength, skill, and timing. In contrast to other sports where larger people have an advantage, wrestling allows young men of every body type to compete and do well.

### Methods and Procedure

Eighty chosen athletes, current coaches, and physical educators from throughout the nation were surveyed as well. The bulk of these individuals were approached directly by the investigator. For the aim of the study, an opinion rating questionnaire on Sh. Rajender Singh was created with the aid of professionals.

For this inquiry, primary and secondary sources were used to gather data and information. The investigator went to the offices where Sh. Rajender Singh had spent a lot of time working and also looked through official records including committee and meeting minutes, yearly reports, and published materials to gather first-hand knowledge. Investigations into Sh. Rajender Singh's personal records also resulted in the gathering of pertinent data. Sh. Rajender Singh was approached directly by the investigator, who also performed the interview. A number of Sh. Rajender Singh's photographic records were looked at. For this study, a few images from various occasions were selected as the source material. Books, pamphlets, and newspaper articles written by Sh. Rajender Singh were also analyzed.

## Results

### Role as an Administrator

After completing his matriculation, Sh. Rajinder Mor began working for the Haryana Police Department as a constable in 1972. Then he began training in wrestling and began competing in matches for both the police department and the nation. He was promoted to A.S.I. in 1976 as a result of his outstanding athletic performance. He was appointed to Inspector after winning gold medals at the 1978 Asian and Commonwealth Games. Up to his subsequent elevation as I.P.S. in 2002, Sh. Rajinder Mor held positions as D.S.P. in numerous Haryana locations, including Kurukshetra, Yamunanagar, Maham, Charkhidadari, FirozpurJhirka, Madhuban, and Bahadurgarh, where he encouraged wrestling and other sports among police recruits. On July 31, 2014, Sh. Rajinder Singh retired from his position as D.I.G. He is now blissfully residing in his hometown of Gohana with his family.

### Role as a Sports Promoter

S. Rajinder Mor claims that when he decided to pursue a career in athletics, there was no contemporary training equipment, no coaching facilities, and no financial assistance. But there are numerous contemporary training facilities currently. Equipment is available, and coaching has also gotten more organized. Because they are now so lucrative, sports have now become a vocation in and of themselves. A player is paid a sizable sum of money as a prize even when he wins a position at the national or international level. Additionally, breaking records earns money. Even though they are part of the training, roles in domestic meetings are lucrative.

Rajinder Mor believes that because these rules are temporary and little consideration is given to how they will influence sports, they are to blame for our low performances. If there is discussion of a stadium, then stadiums and other infrastructure are built without sufficient planning. He believes that before building any stadium, we should consider whether or not anyone will enter the stadium. According to Rajinder Mor, a dearth of training facilities is a significant contributor to subpar athletic performance. According to him, training facilities have to be located at the block, district, zonal, divisional, state regional, and national levels. These facilities have to provide private instruction in order to require anybody who accepts payment to take care of the facilities' upkeep. There are stadiums where the government has invested tens of millions of rupees, yet they are poorly maintained and don't produce anything since no one goes to play there.

## Conclusion

This study aims to highlight Sh. Rajinder Mor contributions to the nation's sports promotion efforts as well as to understand his management and leadership beliefs and how they apply to his role as a sports administrator. It has been concluded that one of the finest wrestlers India has ever produced is Sh. Rajinder Mor. Like just a few other Indian wrestlers at the national and international levels, he had the longest athletic career ever. He was a dedicated professional who gave his all. Rajinder Mor was a highly disciplined, diligent person by nature. He was a strict, diligent, honest, and effective administrator. Only a few people can compare to him in terms of honesty and transparency. Rajinder Mor excelled in sports at the international level.

## References

1. Bucher CA. Foundation of Physical Education. The C.V. Mosby Company, St. Lovis, Missouri, USA, 1956.
2. Sehgal S. Physical Education. Cosmos Bokhill Pvt. Ltd., Gurgaon, Haryana, 2004.
3. Bucher CA. Foundation of Physical Education. The C.V. Mosby Company, St. Lovis, Missouri, USA, 1956.
4. Sehgal S. Physical Education. Cosmos Bokhill Pvt. Ltd., Gurgaon, Haryana, 2004.
5. Ajay Kumar A. Dronacharya Awardee M.K. Kaushik an Eminent Sportsman, Coach and an Administrator- A Case Study, Ph.D. Thesis Maharishi Dayanand University, Rohtak, 2008.
6. Coakley JJ. Leaving competitive sport: Retirement or rebirth? *Quest*, 1983;35:1-11.
7. Giannone ZA, Haney CJ, Kealy D, Ogrodniczuk JS. Athletic identity and psychiatric symptoms following retirement from varsity sports. *International Journal of Sports Psychiatry*. 2017;63(7):598-601.
8. Kaur S. Contribution of Surjit Singh Hockey Academy in National and International Level: Phagwara Unpublished dissertation Lovely Professional University, 2009.
9. Vella S, Oades L, Crowe T. The role of the coach in facilitating positive youth development: Moving from theory to practice. *Journal of Applied Sport Psychology*. 2011;23(1):33-48.
10. Singh J. Contribution of Akharas in the Promotion of Wrestling in India. (Unpublished Ph.D. Thesis). Panjab University, Chandigarh, 2011.
11. Singh P. Padma Shri Charanjeet Singh an eminent sports personality- a case study, *Journal of Physical Education and Sports*, 2010, 28.