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Personality traits of former Indian Olympian basketball player Mr. G. Dilip

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Abstract

Sports activities affect the process of personality development in ways more than one. Social and environmental pressures, biological factors, frustration and tension in life are to be mended with full attention to develop mature form of personality. To know the sportsmen's personality in the sense that it depends on many psychological factors like self-confidence, emotional intelligence, level of aspiration, achievement motivation, personality emotions, mental toughness (mental endurance) value orientation, locus of control and self-esteem etc. The review of literature has shown that the research in the sports psychology, have studied men and women separately, not much interest has been focused on the case studies of sportsmen's personality.

Hence the investigator has felt necessary to conduct a case study on former international Basketball player Mr. G Dilip to assess his level of personality traits.

Keywords: personality, basketball

Introduction

Sports activities affect the process of personality development in ways more than one. Social and environmental pressures, biological factors, frustration and tension in life are to be mended with full attention to develop mature form of personality.

Sports always develop the leadership qualities in one's personality. Personality ; a term used to characterize the individual that emerges as a person grows, matures, and reacts to the thousands of environmental stimuli that surround him.

The learning of social values, and particularly sportsmanship, must be a part of the purpose of the individual; its results must be recognized and be made satisfying if learning is to take place.

Sigmud. S Freud (1923), Maslow (1970), Allport (1937) [1] and others have shown the way in this regard by case studies of individuals. The findings of these psychologists have greatly impacted the world view; the explanation and modification of human behavior for better such studies always throw new light and provide new understanding of people, their nature, personality and social achievement etc.

Therefore following this great heritage and traditions an attempt is made in this research work to study a sport personality in detail to understand the working dominant patterns of thoughts, emotions, values, etc. in the back drop of his socioeconomic back ground and wholesome personality.

Statement of the Problem

The problem formulated for the present study is to find out the level of personality traits of former Indian Olympian Basketball player Mr. G. Dilip.

Objective of the Present Study

- To study the level of personality traits of former Indian Olympian Basketball player Mr. G. Dilip.

Significance of Study

- This study assumes great significance given its comprehensive study of former Indian

Olympian Basketball player Mr. G. Dilip.

- This study reveals the level personality traits former Indian Olympian Basketball player Mr. G. Dilip.

Materials and Methods

Tool:

1. Cattell's 16 PF Form 'C' Questionnaire (R.B. Cattell 1969).

Test Administration and Collection of Data

To collect necessary data pertaining to the present case study through questionnaires and interview method. The subject was administered to the Cattell's Sixteen Personality Factors Questionnaire (Form 'C'). The data is in the form of answer given by the subject in response to the various questions of

the questionnaire which are present in the questionnaire asked through interview method. The subject completed answering the questionnaire within the stipulated time after which the questionnaire is collected back and the standard scoring key was used to get the score. The scores were analyzed with the help of the standardized norms [key] provided in the tabular supplement of tests manual all questionnaires.

Results and Discussions

The present case study has been investigated to assess the personality traits of Olympian Basketball player Mr. G. Dilip is assessed and presented in the following table.

Analysis of 16 Primary Personality Factors

Table 1: Scores of 16 Primary Personality Factors

Sl. No.	Sixteen. P.F	Stens
1	A	8
2	B	9
3	C	8
4	E	9
5	F	10
6	G	9
7	H	10
8	I	3
9	L	3
10	M	6
11	N	9
12	O	3
13	Q1	9
14	Q2	3
15	Q3	10
16	Q4	3

According to table 1 scores the subject have shown a tendency or inclination towards the higher direction or high sten score description in ten (A, B, C, E, F, G, H, N, Q1 and Q3) out of sixteen personality factors. The subject was average in one (M) out of the sixteen factors. Towards the lower direction or low sten score description in five (I, L, O, Q2 and Q4) out of the sixteen personality factors.

Findings of the 16 primary personality factors

Factor A: Reserved Vs Outgoing

Mr. G Dilip tends to be good natured, easy going, emotionally expressive, ready to co-operate, attentive to people, softhearted, kindly and adaptable. He like occupations dealing with people and socially impressive situations and he rapidly from active groups. He is generous in personal relations, less afraid of criticism, and better able to remember names of people.

Factor B: Less Intelligent Vs More Intelligent

Mr. G Dilip tends to be quick to grasp ideas, a fast learner, intelligent. There is some correlation with level of culture, and some with alertness.

Factor C: Affected by Feelings Vs Emotionally Stable

Mr. G Dilip tends to be emotionally mature, stable, realistic about life, unruffled, possessing ego strength, better able to maintain solid group morale.

Factor E: Submissive Vs Dominant

Mr. G Dilip was assertive, self assured and independent minded. He tend to be authoritarian (managing others).

Factor F: Sober Vs Enthusiastic

Mr. G Dilip tends to be cheerful, active, talkative, frank, expressive, effervescent and carefree. He was frequently chosen as elected leader. He may be impulsive and mercurial.

Factor G: Expedient Vs Conscientious

Mr. G Dilip tends to be exacting in character, dominated by sense of duty, preserving, responsible, planful, "fill the unforgiving minute". He was usually conscientious and moralistic and he prefers hard working people to witty companions.

Factor H: Timid Vs Venturesome

Mr. G Dilip was sociable, bold, ready to try new things, spontaneous and abundant in emotional response. His "thick skinned ness" enables them to face weal and tear in dealing with people and grueling emotional situations, without fatigue.

Factor I: Tough-minded Vs Tender-minded

Mr. G Dilip tends to be tough, realistic, "down to earth", independent, responsible but skeptical of subjective, cultural elaborations. He tends to keep a group operating on a practical and realistic "no-nonsense" basis.

Factor L: Trusting Vs Suspicious

Mr. G Dilip tends to be free of jealous tendencies, adaptable, cheerful, uncompetitive, concerned about others and a good team worker.

Factor M: Practical Vs Imaginative

Mr. G Dilip tends to be anxious to do the right things, attentive to practical matters and subject to the dictation of what is obviously possible.

Factor N: Forthright Vs Shrewd

Mr. G Dilip, tends to be polished, experimental and shrewd. His approach to people and problems is usually perceptive, hard-headed and efficient.

Factor O: Self-assured Vs Apprehensive

Mr. G Dilip tends to be unruffled and to have unshakable nerve. He has a mature, unanxious confidence in themselves and their capacity to deal with things.

Factor Q1: Conservative Vs Experimenting

Mr. G Dilip tends to be interested in intellectual matters and have doubts on fundamental issues. He was skeptical and inquiring regarding ideas, either old or new. Usually he was more well informed, less inclined to moralize, more inclined to experiment in life generally and more tolerant of inconvenience and change.

Factor Q2: Group-oriented Vs Self-sufficient

Mr. G Dilip prefers to work and make decisions with other people and like and depend on social approval and admiration.

Factor Q3: Undisciplined self-conflict Vs Following Self-image

Mr. G Dilip tends to have strong control of their emotions and general behavior, are inclined to be socially aware and careful, and evidence what is commonly forced "self respect" and high regard for social reputation.

Factor Q4: Relaxed Vs Tense

Mr. G Dilip tends to be sedate, relaxed, composed and satisfied (not frustrated).

Conclusions

- Mr. G Dilip is good natured, easy going, emotionally expressive, ready to co-operate, attentive to people, softhearted, kindly, adaptable, quick to grasp ideas, a fast learner, intelligent, emotionally mature, stable, realistic about life, unruffled, possessing ego strength, better able to maintain solid group morale, assertive, self assured, independent minded, cheerful, active, talkative, frank, expressive, effervescent and carefree.
- He is exacting in character, dominated by sense of duty, preserving, responsible, planful, "fill the unforgiving minute, sociable, bold, ready to try new things, spontaneous and abundant in emotional response. His "thick skinned ness" enables them to face wear and tear in dealing with people and grueling emotional situations, without fatigue.
- He is tough, realistic, "down to earth", independent, responsible but skeptical of subjective, cultural elaborations, free of jealous tendencies, adaptable, cheerful, uncompetitive, concerned about others, a good team worker, anxious to do the right things, attentive to practical matters, polished, experimental and shrewd, unruffled and to have unshakable nerve. He has a mature, unanxious confidence in themselves and their capacity to deal with things.
- He is experimenting, interested in intellectual matters, he

has doubts on fundamental issues, prefers to work and make decisions with other people and like and depend on social approval and admiration

- He has undisciplined self-conflict and have significant control of his emotions and general behavior. Inclination to be socially aware, careful and he has lot of self respect and high regard for social reputation. He is sedate, relaxed, composed and satisfied person.

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