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Dr. Shekhar N Shirasath
College Director of Physical
Education, M. S. P. Mandal's
Deogiri College, Aurangabad,
Maharashtra, India

Comparative study of emotional intelligence among urban and rural wrestlers of Aurangabad district

Dr. Shekhar N Shirasath

Abstract

The purpose of this study was to compare the emotional intelligence between rural and urban wrestler of Aurangabad district. The study was conducted on sixty samples, consisting of thirty urban and thirty rural wrestlers of Aurangabad district. Emotional Intelligence were obtained by administering Emotional Intelligence Scale. The data collected through aforesaid tests were analyzed with respect to Emotional Intelligence. 'T' test was applied to compute the significances among urban and rural wrestlers of Aurangabad district. The significance of data was judged at 0.05 levels. The result of the study indicates that emotional intelligence of urban wrestler was higher than rural wrestler.

Keywords: emotional intelligence, Aurangabad district, urban wrestler, rural wrestler

Introduction

Emotional intelligence refers to the ability to identify and manage one's own emotions; as well as the emotions of other. Emotional intelligence is generally and narrowly said to include at least three skills: emotional awareness and or the ability to identify and name one's own emotions; the ability to harness those emotions and apply them to tasks like thinking and problem solving; and the ability to manage emotions, which includes both regulating one's own emotions when necessary and helping any others to do the same.

Emotional intelligence (otherwise known as emotional quotient or EQ) is the ability to understand; use, and manage your own emotions in positive ways to relieve stress, communicate effectively, empathize with others, overcome challenges and defuse conflict. Emotional intelligence help we build stronger relationships, succeed at school and work, and achieve our career and personal goals. It can also help us to connect with our feelings, turn intention into action, and make informed decisions about what matters most to you.

Statement of the Problem

"Comparative study of emotional intelligence among urban and rural wrestlers of Aurangabad district"

Objectives of the Study

- 1) To study the emotional intelligence of urban wrestlers of Aurangabad district.
- 2) To study the emotional intelligence of rural wrestlers of Aurangabad district.
- 3) To compare the emotional intelligence among urban and rural wrestlers of Aurangabad district.

Hypotheses

- 1) There would be significant difference between urban and rural Aurangabad district wrestlers on emotional intelligence.
- 2) There would be no significant difference between urban and rural Aurangabad district wrestlers on emotional intelligence.

Limitation

The study is limited to the emotional intelligence of urban and rural wrestlers.

Corresponding Author:
Dr. Shekhar N Shirasath
College Director of Physical
Education, M. S. P. Mandal's
Deogiri College, Aurangabad,
Maharashtra, India

Delimitations

1. The study is delimited to urban wrestlers of Aurangabad district.
2. The study is delimited to rural wrestlers of Aurangabad district.
3. The study is delimited to male wrestlers only.
4. The study is delimited to wrestlers of Aurangabad district in the age of 18-27 years.

Methodology

The purpose of this study was to find out whether there was a significant difference of emotional intelligence between the urban and rural wrestlers of Aurangabad district in the state of Maharashtra, 18-27 years wrestlers of age. To get the appropriate data from the selected sample standardized scale devised by Anukool Kyde and Sanjyot Dethé's emotional intelligence scale was administered and scoring has done according to manual. This questionnaire consisted of thirty four statements.

Selection of Sample

In the present study the total sample consists of sixty, 18 to 27 years of Aurangabad district out of thirty rulers and thirty urban male wrestlers, Random sampling technique was employed to select the subjects. The researcher was used survey research methodology for the study.

Method for Analysis

Student's T test has been applied to find out the significant

differences among urban and rural intercollegiate wrestler at 0.05 level of significance. The collected data were tabulated to find out the difference of emotional intelligence among urban and rural wrestlers of Aurangabad district.

Table 1: Showing the mean value, standard deviation and t score of emotional intelligence

| Variable | Groups | Sample | Mean value | SD | t value |
|------------------------|--------|--------|------------|-------|---------|
| Emotional Intelligence | Urban | 30 | 3.93 | 0.740 | 8.00* |
| | Rural | 30 | 2.52 | 0.623 | |

*significant at 0.05 level.

The above table shows that the mean scores of emotional intelligence of urban and rural wrestlers of Aurangabad district as 3.93 and 2.52 respectively and their standard deviation as 0.74 and 0.62 respectively. The t ratio is 8.00 with df= 58 which is significant at 0.05 level of significance. This reveals that there is significant difference exists between mean scores of emotional intelligence between urban and rural wrestlers of Aurangabad district. Therefore, the hypothesis first was accepted and hypothesis second was rejected.

It is clear from the above table; the mean score of urban wrestlers is higher than that of rural wrestlers of Aurangabad district. Therefore, it may be said that the Urban wrestlers. posses significantly higher emotional intelligence than their rural wrestlers.

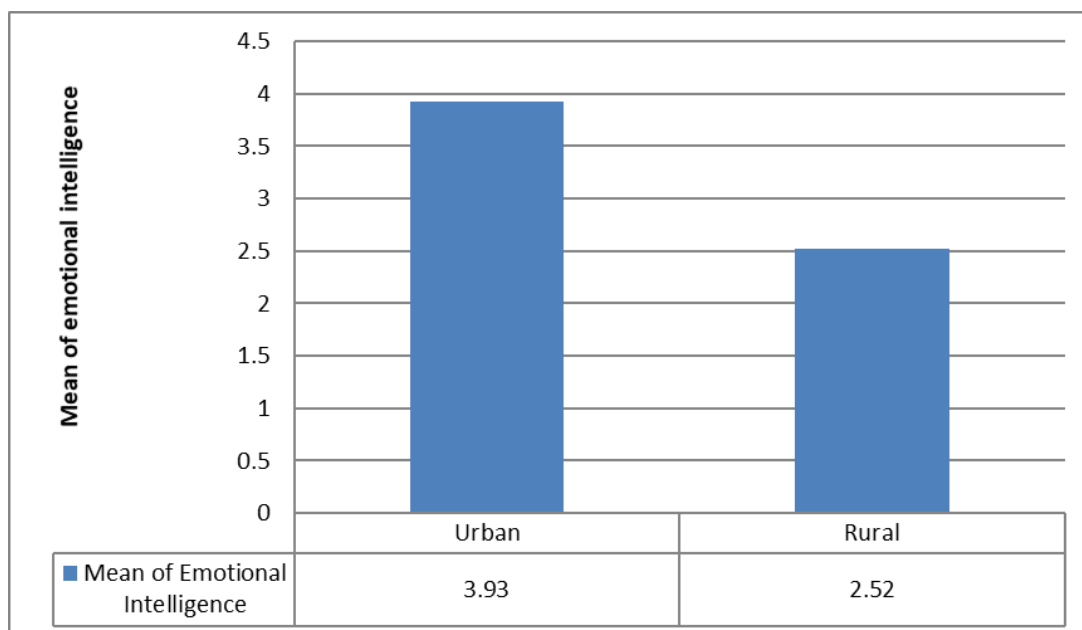


Fig 1: Bar Graph showing difference of mean scores of emotional intelligence of Urban and Rural wrestlers.

Conclusion

The above research indicates that emotional intelligence has a considerable impact on performance. There was significant difference between urban and rural wrestlers of Aurangabad district on emotional intelligence.

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