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Studying physical education development solutions sports thousands in Tay Son district, Binh Dinh province

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Abstract

In order to promote the development of mass sports movements such as: material foundations, funding sources, and synchronous promotion at all levels in the District to create conditions to thoroughly grasp the activities of developing Physical Fitness. Mass sports. Co-application of solutions, including creating human resources to work in mass physical training and sports activities in Tay Son and Binh Dinh districts: Consistent with the development strategy of the Province and the City Party Committee.

Keywords: Reality, solution to develop mass sports.

1. Introduction

Tay Son is a mountainous district of Binh Dinh province. The direction and organization of public sports activities are still inadequate and limited. Investment budgets for sport projects and activities at the grassroots level have not improved much. Management system have not appropriate, there are no policies and regimes for the sports staff, sports tour guides at the commune level, sports work has not been to the grassroots level, especially at the intellectual and regional levels. Ethnic minorities are still limited.

Therefore, with the role of a person doing public sports movement, based on the actual survey process, identified the weaknesses and strengths, causes leading to underdevelopment and decisive to the development of the public sports movement in Tay Son district, Binh Dinh, we defined the research topic: "Researching solutions to develop the sports movement of Tay Son district, Binh Dinh province"

In order to solve the above-mentioned tasks during the research process, the thesis has used the following research methods: Methods of analyzing and summarizing documents, sociological investigation, interviewing seminars, pedagogical observation, verification, Statistical mathematical. The subject's research thesis is the solutions to develop the mass sports movement. The research subjects are experts, managers and people of Tay Son District, Binh Dinh.

2. Results of research

2.1 Assess the status of the factors affecting the development of public sports in Tay Son district, Binh Dinh province

Clause 2, Article 12. The Law on Physical Training and Sports specifies the specific criteria for evaluation criteria "The mass physical training and sports movement is: The mass physical training and sports movement is assessed by the norm of the number of people who practice regularly. and sports family". Along with these two main criterias, Circular No. 2/2009/TT-BVHTTDL dated 17/3/2009 provided that "Depending on the local situation, additional criteria may be selected for evaluation such as club numbers. sport stuff; sports tournaments; Number of sports constructions; Number of collaborators. According to the survey data, the actual survey in two years (2017, 2018) the results are shown in Table 1.

Table 1: Status of sport in the mass movements regularly practicing sports, in Tay Son District, Binh Dinh province

No	Contents	Unit	2017	2018	Increase(+)/ Decrease (-)
1	Total population	People	47.533	47.739	+ 205
2	The number of people practicing sports regularly	%	27.4	30.9	+ 3.5
3	The number of sports families	%	15.6	18.5	+ 2.9
4	The number of sports club	Quant	29	35	+ 6
5	Juvenility	%	81.23	85.67	+ 4.44
6	Armed Forces	%	85	97	+ 12
7	District officials	%	47.28	56.39	+ 9.11
8	Communes, wards and townships	%	45.17	51.76	+ 6.59
9	Elderly	%	65.12	69.45	+ 4.33

Thus, in general, the index of the mass sports movement in 2017 did not grow much by each category compared to 2018, namely: the number of people practicing sports regularly increased 3.5%, The number of sports families increased 2.7%, The number of sports club risen up 06 clubs.

The physical training and sport movement among district officials has not yet developed strongly, the number of people practicing sports regularly, accounting for 56.39%;

The movement of physical training and sport in the armed forces in the past two years has developed quite well, accounting for 97% of the number, so that the soldiers can practice sports regularly. The movement of physical training and sports at the commune, ward and town levels is limited to only 51.76% of people who practice sports regularly.

The movement of physical training and sports for the elderly

in recent years has also been paid attention to developing, attracting a large number of elderly people to participate, especially in holidays and festivals, accounting for 69.45% of people practicing sports.

The physical training and sport movement among teenagers in these past years practicing with the slogan "Healthy to start a business and keep the country" has been one of the emulation criteria of Youth Union members by most establishment rate of 85.67%.

2.2 The awareness level of the importance of sport of the subjects in the district

We investigated the level of awareness of the importance of sport of objects in the district. The results are presented in Table 2.

Table 2: The results of the awareness level of the importance of mass sport from the subjects in Tay Son District district Binh Dinh (As of December 2011)

No	Subjects	Awareness						Rating of like	
		Importance		Normal		Not importance		n	%
		n	%	n	%	n	%		
1	District officials (n = 265)	120	45.28	115	43.39	30	11.32	25	9.43
2	Commune officials (n = 470)	188	40	217	46.17	65	13.82	49	10.42
3	Farmer: Middle-aged Man (n = 169)	18	9.04	39	19.59	112	71.35	3	1.50
4	Farmer: Young male (n = 368)	112	30.43	201	54.61	55	14.94	135	36.68
5	Farmer: Young female (n = 278)	43	15.46	185	66.54	50	17.48	5	1.79

The table 2 shows that: The awareness level of the importance as well as the love of sport is uneven among the people in the district. The proportion of people who like and realize the importance of sport is mainly accounted for the highest proportion among the officials at all levels in the district.

Farmers have not awared of the importance of sport to daily life and do not like and pay attention to sports, especially middle-aged men and women farmers. These are the reasons that limit the development of the district's public sports movement.

2.3 The causes and factors affecting the development of mass sport Tay Son District, Binh Dinh province

Development of public sports and physical training,

associated with the socioeconomic development conditions of Tay Son District, is presented in Table 3. Out of 30 respondents, the results of interviews about necessary factors affecting In the development of physical training and sport, we realize that the factors that have a great influence on the effectiveness of the physical training and sport activities in the district are: The plan and direction activities accounted for the proportion (63.33%) of the confirmed respondents, continued to the level of socio-economic development (50%), the management of cadres and technical facilities all occupies the proportion (43.33, 46.66%), the relationship of factors (46.66%), and other factors also play an important role but account for less than%.

Table 3. Socioeconomic factors affecting the development of mass sports in Tay Son district, Binh Dinh province(n = 30)

No	The factors affecting the development of mass	level 1		level 2		level 3		level 4	
		Quant	%	Quant	%	Quant	%	Quant	%
1	The level of development of economy, society, politics	15	50.00	11	36.66	8	26.66	1	3.33
2	Managing the working of cadre	13	43.33	7	23.33	6	20	4	13.33
3	Material and technical basis	14	46.66	12	40	3	10	1	3.33
4	Relationship among the factors	14	46.66	8	26.66	5	16.66	2	6.66
5	Working the direction plan	19	63.33	8	26.66	2	6.66	1	3.33
6	Culture and arts	2	6.66	4	13.33	11	36.66	13	43.33
7	Business services	3	10	7	23.33	14	46.66	16	53.33

Notes: level 1: Very Necessary level 2: Necessary level 3: Not yet necessary level 4: Unnecessary

In order to identify the main causes, the project built a questionnaire and conducted interviews with district officials;

District Culture - Sports Department and Communes Results are presented in Table 4

Table 4: Causes affecting the movement of mass sports development in Tay Son District, Binh Dinh province (n = 30)

No	Causes	The level of impact					
		High		Medium		Low	
		Votes	%	Votes	%	Votes	%
1	Lack of attention from leaders	30	100	0	0	0	0
2	Facilities conditions and operating funding	23	76.6	7	23.3	0	0
3	The role of District Sports Center	10	33.3	10	33.3	10	33.3
4	Competence and qualifications of sports staff	24	80	6	20	0	0
5	The role of Youth Union	3	10	15	50	12	40
6	Level of attraction for tournaments	25	83.3	3	10	2	6.6
7	Propaganda and advocacy	25	83.3	5	16.6	0	0

The results of the interview show that the main causes affecting the movement of mass sports development with 70% of the voters agree or more.

Lack of attention from leaders; Propaganda and campaign work; The capacity and qualifications of sports staff; The level of attraction for tournaments; Facilities conditions and operating funding.

In addition, according to the general opinion of the interviewees about the level of development of the physical sports movement at the current level is only average.

2.4 Choosing and proposing the solutions to improve the effectiveness of the community sports movement in Tay Son District, Binh Dinh province

Based on the principles of management and development of the mass sports movement, under practical conditions in our country, the thesis identifies three principles to be followed in choosing a solution to develop the mass sports movement. Principle 1: Solutions must be suitable with reality; Principle 2: The solution is feasible; Principle 3: Solutions must be selected selectively.

In order to well complete the tasks and objectives of developing the work of mass sports in the coming time, overcoming the shortcomings, perfecting the factors promoting the development of sports and gymnastics, the subject of conducting expert interviews to show consulted about choosing a solution to develop the sports and movement

of Tay Son District, Binh Dinh province. The project has identified 7 basic solutions to develop mass sports movement in Tay Son district, Binh Dinh province, including: 1) Propagating the meaning and role of mass sports; 2) Create the necessary legal basis for the development of mass sports; 3) Development of mass sports in accordance with local culture, economy, society; 4) Strengthen facilities conditions for the mass sports movement; 5) Create a source of officials to develop the mass sports movement; 6) Development of a sports competition system; 7) Developing mass sports in the direction of socialization.

The number of selected experts is 41 people, these are the district sports management officers of the District Center, the managers of the Department of Culture, Sports and Tourism, and especially some of the leading experts in the field. Sports Management. Solutions in each questionnaire were assessed according to the convention: 5 points

- Very important and feasible solution; 4 points - The solution is very important and not feasible; 3 points - Important and feasible solutions; 2 points - Important solutions, not feasible; 1 point - The solution does not matter.

After analyzing and processing the information gathered from experts, the solutions are arranged in order of importance from high to low (based on the average value of each solution). The results of expert interviews are presented in Table 5.

Table 5: The interview results of solutions to develop mass sports movement Tay Son District, Binh Dinh (n = 41)

No	The solutions	Very importance, viable		Very importance, unviable		Importance, viable		Importance, unviable		Unimportance		Total	Overall
		n	Goal	n	Goal	N	Goal	n	Goal	n	Goal		
		1	Propagating the meaning and role of mass sports	39	195	-	-	2	6	-	-		
2	Createing the necessary legal basis of the development of mass sports.	36	180	2	8	3	9	-	-	-	-	197	4.80
3	Developing the mass sports in accordance with local cultural, economic, society.	35	175	-	-	6	18	-	-	-	-	193	4.70
4	Developing the mass sports in the direction of socialization.	34	170	-	-	6	18	-	-	1	1	189	4.60
5	Creating a source of cadres to develop the mass sports	32	160	-	-	9	27	-	-	-	-	187	4.56
6	Developing the system of mass sports competitions.	25	125	4	16	10	30	1	2	1	1	174	4.24
7	Strengthening facility conditions for mass sports movement	15	75	6	24	17	51	-	-	-	-	158	3.85

The results in Table 5 show that all 7 solutions to develop the movement of mass sports in Tay Son District are evaluated by experts as important, with an average value of 3.85 points to 4.90 points.

The specific contents of the solutions include Solution 1. Propagating the meaning and role of mass media; Solution 2. Create the necessary legal basis for the development of mass sports; Solution 3. To develop mass physical culture suitable for the local culture, economy, and society; Solution 4. Developing popular maritime sports and sport in the direction

of socialization; Solution 5. Create sources of cadres to develop the mass sports movement; Solution 6. Developing a system of mass sea sports competition competitions; Solution 7. Strengthening facilities conditions for the mass sports movement.

3. The conclusion

Through a survey of the situation of the development of mass sports movements in Tay Son District, Binh Dinh province shows:

1. In general, the indicators of the mass gymnastics movement in 2017 compared to 2018 did not have much growth along with the mass physical movement, namely: The number of people who regularly practice sports increased by 3.5%; The number of sports families increased by 2.7%; The number of sports clubs increased by 6 clubs; Necessary factors affecting the development of public sports to the effectiveness of the physical training and sport activities in the District are: The plan and direction accounted for (63.33%) of the confirmed number of respondents, followed by the social and economic development (50%), and other factors also play an important role but account for a smaller percentage.
2. Through research, the thesis has selected 7 solutions to develop the mass sports movement in Tay Son District, Binh Dinh, including: 1) Propagating the meaning and role of mass sports; 2) Create the necessary legal basis for the development of mass sports; 3) Development of mass sports in accordance with local culture, economy and society; 4) Strengthen facility conditions for the mass sports movement; 5) Create a source of officials to develop the mass sports movement; 6) Development of a sports competition system; 7) Developing mass sports in the direction of socialization.

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