



P-ISSN: 2394-1685
E-ISSN: 2394-1693
Impact Factor (ISRA): 5.38
IJPESH 2020; 7(4): 35-36
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www.kheljournal.com
Received: 18-05-2020
Accepted: 20-06-2020

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Psychological variables between volleyball and basketball

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Abstract

The field of physical education and sports are international discipline they develop their own international understanding and universal brotherhood in the present politically completing lives. Today's Sports movements are placing major role for developing world peace sport psychology is that branch of psychology which is ultimately connected with human behavior on the play field, both under practice and competitive situation, with a view to bring about qualitative improvement in performance and maintain the same even during the stresses of competition it to need of the study of human behavior in sports setting with an emphasis on the mental aspect of behavior sports have become the media of international relationship between the countries.

Keywords: Psychology, Volleyball and Basketball

Introduction

Sports in the present day have become extremely comparative previous records are being broken haven there in completion it not more participation of days practice that brings an individual victory, but the continuous hard work of training right from childhood strong physiological variables will influenced the word psychology refer to the study of human behavior, and sports psychological logical denotes sub category of Psychology the deals with the behaviors of players and teams engaged in compensative sport
Physical files in the ability to carry out daily takes vigor and alternate without under and with sample energy to engage in a leisure time pursues and to meant the above average physical stresses encoutersat in emergency situations. Now days sports are essentially that aspect of human activity which strengthens the integration of the game, whilst being essential for to Pevely players it as a good and beneficial for new effectiveness and powerful good standard of fitness. It the sports physical fitness is very important and with physical demands of the game as well as allowing the efficient are of his various technical cortices throughout the match. Movement and speed essential in all the ball games. Naggers are to passes guard speed so that though internship of position rare. An efficient player with good physique, fitness and oven all the skill but lacking in psychological qualities will be unable to play effectively for longer duration. Hence the present study was undertaken to compare to the self- concept levels of maw volley ball and basketball players.

Methodology

For the purpose of the study some players of volleyball and basketball games were selected. The study of between two games of players those pep reseated inter collegial tournament of Pune University.

Observation and Discussion

The result is preset with the discussion about its possible implication with respect to various respects. The result obtund in the present study are discuses in view of the contact of study and the variable selected.

Research instrument

In this study at present now self concept levels ware using developed bysarswat (1989).

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Various dimensions between the players

The comparative assessment showed that was no statistically sign it can't defiance the means scores obtained from the representative groups. The Physical Dimension of the self concept was no difference in the perception of self on the physical dimension amasses the men participation in volleyball and basketball games.

The term social dimension this been interpreted in many ways. One popular definition say that it in attitudes or igtstion and needs of other people in to accounts in sports performance in the context of men sports person Co-operative Charatensies between people form a very important trait for between sports performance. In the context of men sports person participating in different games this aspect has high importance in a way events where social interaction or leadership in necessary. In view of this, the refuge its present a clear picture that with respect to their participation in basketball and volleyball games.

The comparative assessment indicated statistically significant difference in the means score oblation form basketball and volley ball players. A moral massage converted or a lesson to be leavened forms a story or event. The moral may be left to the bearers, reader or viewer to determine for the moral understood form the various events present and ideal conditioning for levering through the experience. It is true especially in case of the sports persons as they are the individuals who are exposed to different situation during different sporting events in view of the above result. It may be concluded that the men basketball and volleyball players have distinctly different moral levels of the self concept. In international level included health situation of intellectual area of thoughts and our view on the world. This area is where human expressed. This creativity generate new ideas and ways of thinking and cultivate this general outlook on life The ability to think gives in individual to become more ways of doing things. All is all it seems that this ability especially in case of the men a volleyball player was more than that observed in basketball players.

Conclusions

In this study successfully meantime and determined the levels of self concept amongst basketball and volleyball players use sound it so many differences in the self concept of the players. In the fact of social dimension between the volleyball and basketball players it was revealed that these was difference in that social behaviors Physical dimension it is concluded that these was no significant difference between physical dimension of volleyball and basketball players. Basketball volleyball players intellectual dimension of volleyball player's intellectual dimension of volleyball players was light them basketball players.

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