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## Current state of teaching and learning basketball for non-physical education major students of bac NINH sports university

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### Abstract

Regular scientific research methods were used to evaluate the current state of teaching and learning basketball for non-physical education major students of Bac Ninh Sports University. The research results are the basis for selecting measures to improve the effectiveness of learning basketball for non-physical education major students.

**Keywords:** Current state, basketball, non-major student, learning effectiveness

### Introduction

Bac Ninh Sports University is one of the training centers for Physical Education and Sports staff of the country. Basketball is a subject of basic practical knowledge of physical education, equipped with the basic knowledge and skills of basketball. This is a very good subject for sports students, because in the national education system, basketball is one of the main subjects of physical education for students. In order to study basketball effectively, it is necessary to take measures suitable to this specific subject. Therefore, the issue of researching measures to improve the quality of basketball learning for non-physical education major students is extremely urgent.

### Research methods

The research process used the following research methods: Method of data analysis and synthesis; Method of interviewing seminars; Method of pedagogical observation; Method of mathematical statistics.

### Research findings and discussion

#### 1. Current state of teaching staff directly teaching basketball at Bac Ninh Sports University.

The role of teachers in general and basketball teachers in particular is very important: they are the ones who directly teaches, trains and imparts to students scientific knowledge and professional skills of physical education and sports as well as other activities. The results of investigating this issue are presented in Table 1.

**Table 1:** Current state of basketball teaching staff of Bac Ninh Sports University.

Index No	Sex		Qualification			Seniority > 10 years	Age > 50	University of Physical Education and Sports Fulltime			Main teacher
	Male	Female	Master	Doctor	University			40 -50	< 40		
Number	5	1	2	4	0	6	1	1	4	6	2
Percentage %	83.3	16.6	33.3	66.6	0	100	16.6	16.6	100	100	33.3

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Through investigation, the topic synthesized the number and qualifications of teachers participating in teaching basketball in the last 5 years. The results show that the current level

of teachers has reached the 100% standard in terms of qualifications,

## 2. Current state of facilities for basketball at Bac Ninh Sports University.

**Table 2:** Facilities for basketball teaching at Bac Ninh Sports University

No	Basketball teaching tools and courts	Quantity		Material	Quality
		Court	Backboard/ball		
1	Gym (wooden floor)	01		Wooden floor	Good
2	Outdoor court (concrete floor)	02		Concrete floor	Average
3	Basketball backboard		02	Glass	Good
			04	Wood	Average
4	Basketball (ball)		20 -25	Leather	Good
<b>Number of students/1 hour</b>					
1	- 02 courts with 04 baskets - 01 gym with 02 baskets	25-40 Students/ block		Not guaranteed	

Table 3.2 shows that the facilities at Bac Ninh University of Physical Education and Sport for teaching basketball are still limited, namely: only 01 gym, 02 courts, and (04) basketball backboards to practice with are not enough for students. The number of students learning/block is 25-40 students/hour of study, leading to bad academic results. With only 1-2 teachers, teaching and fixing technique will not be guaranteed.

## 3. Current state of the basketball curriculum for non-physical education major students of Bac Ninh Sports University

In order to assess the current state, the form and method of teaching basketball for non-physical education major students, the research conducted a survey of the program and schedule of the subject and lesson plans of the 52<sup>nd</sup> university course classes. According to the curriculum, this subject has 45 lessons. The results are presented in Table 3.

**Table 3:** Current state of program distribution in teaching basketball for non-physical education major students of Bac Ninh Sports University

No	Content	Hour	Time and form of teaching				
			Theory	Exercise	Practice	Discussion	Self-study
1	Basketball module 1:	45	2	0	37	0	0
	Total	45	4	0	41	0	0

The results in Table 3 show that, in the distribution of subject curriculum, practice lessons are 37/41 lessons, accounting for 82.2%, in order to improve students' level of knowledge and skills in basketball. It is necessary for students to grasp the technique through practice, live competition on videos, and actual competition, etc. However, the number of exercises and practice lessons are not suitable with the subject duration. Methods of class exercises through videos are used but very limited, only accounting for 11% and only used during theory

lessons of the subject.

## 4. Current state of basketball reference materials for non-physical education major students of Bac Ninh Sports University

Reference materials for teaching and learning basketball for non-physical education major students of Bac Ninh Sports University are concentrated mainly at the library of Bac Ninh Sports University. The survey results are presented in Table 4.

**Table 4:** Current state of basketball reference materials for non-physical education major students of Bac Ninh Sports University

No	Material name	Material quality			
		Very good	Good	Average	Weak
	Nguyen Van Trung, Nguyen Quoc Quan, Pham Van Thao (2003), Basketball Curriculum, PCSPH CO., LTD	x			
	Iu.M.PORTNOVA, Basketball (1997), translated by Tran Van Manh, PCSPH CO., LTD		x		
	Nguyen Van Trung, Nguyen Quoc Quan, Pham Van Thao (2004), Modern basketball tactics training, PCSPH CO., LTD Hanoi	x			
	Pham Van Thao, Dinh Quang Ngoc, Pham Van Thang and Nguyen Van Hai (2012), Teaching and practicing basketball technique, PCSPH CO., LTD Hanoi	x			
	Dr. Dinh Quang Ngoc (2012), Basketball : Technique and training methods, PCSPH CO., LTD Hanoi	x			
	Dr. Dinh Quang Ngoc (2013), Basketball in high schools, PCSPH CO., LTD Hanoi	x			
	Dr. Pham Duc Toan, MS. Tran Thi Tiep (2018), Guide to practice basketball tactics, Thai Nguyen University Publishing House	x			
	Dr. Pham Duc Toan, Dr. Vu Xuan Nam, MS. Tran Thi Tiep (2020), Basketball, basic techniques, rules and methods of competition, Thai Nguyen University Publishing House	x			

The results of Table 4 show that: There are 08 reference materials for various topics of basketball such as course curriculum, reference books and manuals written by senior teachers with high qualifications, at good quality level or higher. These materials enrich the knowledge of basketball, contributing to the process of teaching and learning the contents of the subject with full reference materials.

## 5. Current state of awareness, learning motivations and factors affecting the effectiveness of learning basketball for non-physical education major students of Bac Ninh Sports University

In order to assess the current state of learning awareness and the factors affecting the self-study of students, the research interviewed 43 students of the 51st course of physical

education about 03 factors: Identify motivation and learning awareness; Determine the time and duration of self-study of

students; Identify self-study methods of students. Interview results are presented in Table 5.

**Table 5:** Current state of awareness, learning motivations and factors affecting the effectiveness of learning basketball for non-physical education major students of Bac Ninh Sports University (n=43)

No	Question	Answer choice	Number of opinion	Percentage %
1	Do you like studying basketball?	Like a lot	8	18.6
		Like	23	53.5
		Dislike	12	27.9
2	Why do you study this subject?	High mark	23	53.5
		Skill improvement	6	13.9
		Competition	3	7.0
		Obligatory	11	25.6
3	Will this subject help you after graduation?	Yes	25	58.1
		No	18	41.9
4	Which period do you usually self-study this subject?	During the day after class	2	4.7
		A few weeks before exam	5	11.6
		A few days before exam	29	67.4
		Other time	7	16.3
5	When do you usually study?	Free time	15	34.9
		In the evening	20	46.5
		Early morning	8	18.6
6	Do you participate in extracurricular activities?	No	15	34.9
		Sometime	22	51.2
		Regularly	6	13.9
7	How do you spend your time self-studying this subject?	A lot	2	4.7
		A little	14	32.6
		Normal	29	67.4
8	Compared to other practical subjects, how much time do you spend on this subject?	More	9	20.9
		Less	10	23.2
		Equal	24	55.8

Table 5 shows that: The number of students determining high marks to be their purpose of learning accounts for 53.5%. The number of students studying to improve their skills accounts for a low rate of 13.9%. On the other hand, there are still 27.9% of students who do not like to study. For students studying for high marks, their learning is based on principles outside of the real purpose and has a shallow approach. For students who practice not because of skill improvement, they only study a few weeks before the exam or even a few days before an exam or test. The number of these students is relatively high, accounting for 67.4%.

The number of students who participate in regular extracurricular activities before class is low, accounting for

only 13.9%. That is the irrationality of the self-study of students. Thus, the current state of students' learning awareness still has many issues that need to be solved, from developing learning motivation to the schedule of students' time and self-study methods.

## 6. Current state of basketball academic results of non-physical education major students of Bac Ninh Sports University

This research synthesized the subject score results of non-physical education major students in 51st and 52nd University courses. The synthesized results are presented in Table 6.

**Table 6:** Ranking the basketball academic results of non-physical education major students of Bac Ninh Sports University in the school year 2019 (n=190)

Subject	Ranking results (mark)											
	Excellent (10)		Very good (9-8)		Good (7)		Average (6-5)		Weak (4-3)		Poor (<3)	
	SL	%	SL	%	SL	%	SL	%	SL	%	SL	%
51st course (n=95)	5	5.2	15	15.7	30	31.5	39	41	6	6.3	0	0
52 nd course (n=95)	7	7.3	17	17.8	32	33.6	35	36.8	4	4.2	0	0

Table 3.6 shows that: The learning results of non-physical education major students in 51st and 52nd University courses have a trend of gradual improvement but are not significant. The ranking rates of 6 levels are similar. Students achieving excellent academic results are few, while the percentage of students with very good marks has increased but not significant, accounting for only 15.7% - 17.8%. On the other hand, the number of average students is high, from 36.8 to 41%. There are no students at poor level but there are still students at weak level (4.2-5%).

## Conclusion

1. Through assessing the current state of learning basketball of non-physical education major students of Bac Ninh

Sports University, it shows that: The teaching staff of the subject ensure the quantity and qualification standard, facilities for the subject has basically met the requirements. The content of the curriculum, the distribution of the curriculum, and the teaching schedule have some limitations such as unreasonable distribution between theory and practice, unclear learning motivation of students, low initiative and self-awareness in learning, limited arrangement of time and methods of self-study of students, etc. Therefore, the results of learning basketball of non-physical education major students of Bac Ninh Sports University are mostly at good and average level.

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