



P-ISSN: 2394-1685
E-ISSN: 2394-1693
Impact Factor (ISRA): 5.38
IJPESH 2018; SP4: 01-01
© 2018 IJPESH
www.kheljournal.com

Gawhar Ahmad Hajam
Research Scholar,
Department of Physical
Education, Mewar University,
Chittorgarh, Rajasthan, India

(Special Issue-4)
“Conference on Advances in Physical Education”
(26th August, 2018)

Comparative analysis of selected physiological variables among college men kabaddi and kho-kho players

Gawhar Ahmad Hajam

Abstract

The purpose of the study was to find out the significant differences on selected physiological variables among college men kabaddi and kho kho players. To achieve this purpose of the study, fifteen kabaddi players and fifteen kho kho players were selected as subjects. The selected subjects were tested on selected criterion variables such as resting pulse rate, breath holding time and Vo₂ max. They were tested by sit-ups, one minute counted test and Cooper test formula Vo₂ max respectively. The collected data were analysed statistically by using t-ratio to find out the significant differences if any.

Correspondence

Gawhar Ahmad Hajam
Research Scholar,
Department of Physical
Education, Mewar University,
Chittorgarh, Rajasthan, India