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## Study of attitude of parents toward female sports

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### Abstract

A research study was conducted to know about the participation of Haryana girls and women in sports and philosophy of Haryana. The population of this study was different school students' parents of District Bhiwani. Total 400 respondents selected from within the population through convenient or available sampling technique. For the purpose of collection of data a structured questionnaire on five point Likert scale, ranging from strongly disagrees to strongly agree, was prepared and handed over to 400 respondents with the help of teachers in physical education of concerned schools. The main objective of the study was to know about the participation of girls and women in sports and philosophy of Haryana. The result of the study indicated that parents like sports and their opinion about women sports are good. The result of the study further confirmed that Haryana people philosophy about women sports is now changing day by day.

**Keywords:** Haryana, sports, women, sports participation

### Introduction

As women were supposed to be and in some areas of India are still thought to be cursed by some strata of society their birth was seen as a burden. Women In particular, women in sport leadership can shape personality towards women's capabilities as leaders, especially in traditional male areas. Women's participation in sport can create a substantial contribution to social life and tradition development. In all this procedure women do not have any say they induce to do according to the wish of their husbands even if she does not desire to abort her have any alternative. With the help of these social reformers, women of India slowly started seeing her true potential. She set about questioning the rules set down for her by the society. The Indian woman's focus of this is a new Olympic, constructed along a former industrial site at Stratford in the NEXT OLYMPIC SPORTS. The Games also make employment of many venues which were already in place before the bidding. Researchers that surveyed the content of numerous issues in a variety of sport Magazines came to the general conclusion that women's sport (Anand, 2007) [2].

Experiences were depicted in stereotypical gender roles and that adult females were often infantilized and/or depicted as sex objects (Best, 1959) [5]. His gentle and religious beliefs led him to state that: "The solemn periodic manifestation of male sport based on internationalism, on loyalty as a means, on the arts as a background and the applause of women as a recompense. (Dutt, 1989) [4] Women and girls stand to achieve specific individual opportunity for participation in physical activity. Females and immature ladies have led up top leadership space in sport, such as Presidents and Secretaries-General of National associations and team. More women are too taking up employment opportunities in all areas of sport, including as national coach, referee, managers, officials and sport journalists.

As sports has developed into a distinct scientific discipline in itself and each nation is varying with each other to produce to class players to win laurels in international competition. Considerable research is developing to identify factors that will be predictive of achieving high level of skill in a given sport with proper coaching.

### Population of the Study

The population of this study was different school students' parents of District Bhiwani. Total 400 respondents selected from within the population through convenient or available sampling technique.

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**Sampling Technique**

Convenient or available sampling technique was applied.

**Sample Size**

A Sample of 200 parents (total no-400) was selected from the population.

**Data Collection Instrument**

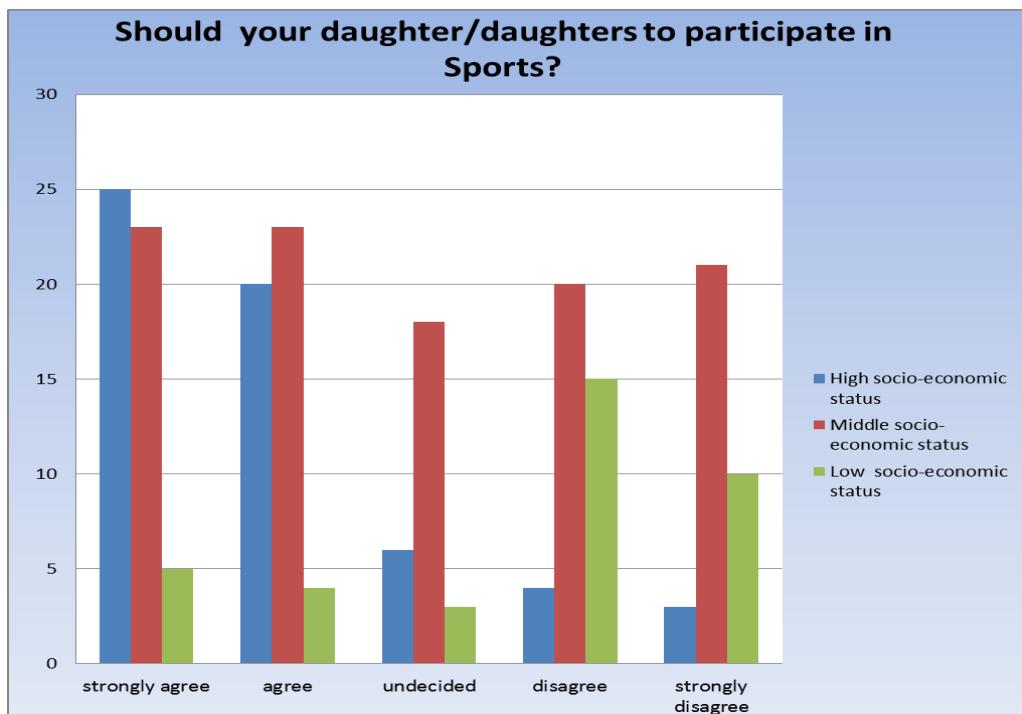
To examine the participation of Haryana girls and women in sports and physical activities a structured questionnaire with 12 statements on three point like art scale, ranging from "Strongly Disagree" to "strongly agree" was developed for collection of data.

**Table 1:** Response of Women candidate on "Do you like women sports?" according to their socio-economic status

Q. No.	Statement	Economic status	Response				
			Strongly Agree	Agree	Undecided	Disagree	Strongly Disagree
1	Do you like women sports?	High socio-economic status	20	18	8	7	5
		Middle socio-economic status	25	25	15	20	20
		Low socio-economic status	5	4	8	12	8

In response to the question "Do you like women sports?" the strongly agree response of high socio-economic status women respondents 20 out of 58, middle socio-economic status women respondents 25 out of 105 and Low socio-economic status women 5 out of 37. the agree response of high socio-economic status women respondents 18 out of 58, middle socio-economic status women respondents 25 out of 105 and Low socio-economic status women 4 out of 37 the undecided response of high socio-economic status women respondents 8

out of 58, middle socio-economic status women respondents 15 out of 105 and Low socio-economic status women 8 out of 37. the disagree response of high socio-economic status women 7 out of 58, middle socio-economic status women respondents 20 out of 105 and Low socio-economic status women 12 out of 37. the strongly disagree response of high socio-economic status women 5 out of 58, middle socio-economic status women respondents 20 out of 105 and Low socio-economic status women 8 out of 37.



**Fig 1:** Graphical representation of Response of Women candidate on "Should your daughter/daughters to participate in Sports?" according to their socio-economic status

**Table 2:** Response of Women candidate on "Do you feel that reading a book is more necessary than taking part in Sports for women?" according to their socio-economic status

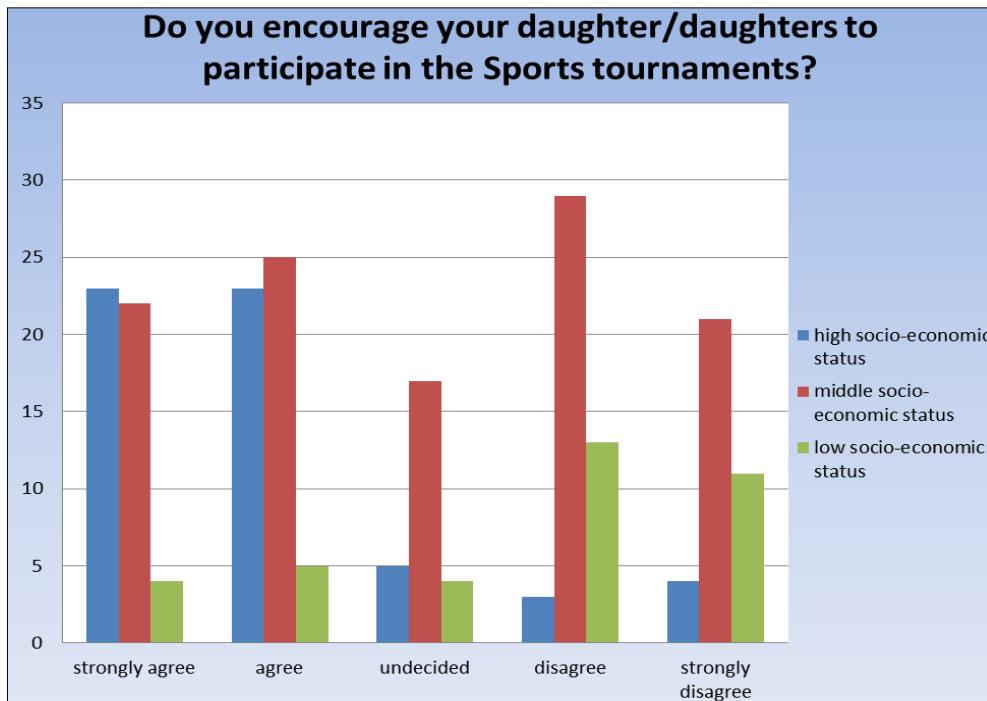
Q. No.	Statement	Economic Status	Response				
			Strongly agree	Agree	Undecided	Disagree	Strongly disagree
2	Do you feel that reading a book is more necessary than taking part in Sports for women?	High socio-economic status	5	7	8	25	13
		Middle socio-economic status	24	21	18	22	20
		Low socio-economic status	12	10	4	6	5

In response to the question "Do you feel that reading a book is more necessary than taking part in Sports for women?" the strongly agree response of high socio-economic status women

respondents 5 out of 58, middle socio-economic status women respondents 24 out of 105 and Low socio-economic status women 12 out of 37. the agree response of high socio-

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economic status women 25 out of 58, middle socio-economic status women respondents 22 out of 105 and Low socio-economic status women 6 out of 37. the strongly disagree response of high socio-economic status women 13 out of 58, middle socio-economic status women respondents 20 out of 105 and Low socio-economic status women 5 out



**Fig 2:** Graphical representation of Response of Women candidate on “Do you encourage your daughter/daughters to participate in the Sports tournaments?” according to their socio-economic status

## Conclusion

It is concluded that People of Haryana not only like women sports but they want to encourage the women participation in sports practically for their overall development. Parents encourage the women to participate in sports, to promote good health and fitness and to maintain healthy life style but their ethnicity, culture, spiritual and physical challenges constrain them to participate in sports. Moreover now sports is seen as a respectable activity for women in India and parents, family members, relative and society members discourage the women to participate in sports and physical activities.

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