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Narender
Assistant Professor of Physical
Education, A.I. Jat H.M.
College, Rohtak, Haryana, India

A study of socio-economic background of individual game players and team game players Rohtak district

Narender

Abstract

The present study was an attempt to find out the socio-economic status of individual and team game players of Rohtak districts participated at inter-university level. Present study was conducted on a sample of 60 (30 individual game players + 30 team game players in the age range of 18 to 28 years. standardized Socio-Economic Status Scale of Kalia and Sahool (2012) was used to collect the data. Mean, Standard Deviation and 't' test was used to analyse the data. On the basis of results obtained in the socio-economic scale, it was found that there is a significant difference between individual game and team game players. Individual Game players were found to have better socio-economic status in comparison to team game players.

Keywords: Socio-Economic Status, athletes

Introduction

Physical Education is integral to humans. It is provided both by the nature and the other humans. A child receives it from the mother's nature. Ever since an infant comes in the world, it knows how to make physical movements. It is these physical movements of the infant that makes it develop and grow. At later stage, we also receive physical education from other human beings. We are taught how to maintain our body and mind in perfect co-ordination so as to lead a healthy life. Physical Education is an educational process that has as its aim the improvement to human performance and enhancement of human development through the medium of physical activities selected to realize outcome. Physical education includes the acquisition and refinement of motor skills, the development and maintenance of fitness for optimal health and well-being the attainment of knowledge about physical activities and exercise and the development of positive attitudes toward physical activity as a means to improve human performance. Physical Education is not only concerned with the physical outcomes that accrue from participation in activities but also the development of knowledge and attitudes conducive to lifelong learning and lifespan participation.

Sports

Sports is a social phenomenon by it helps the society to develop all necessary traits of personality, these are required for the development of an individual. Sports are natural desire of human beings, physical and mental development of the children is promoted by sports, so inspiration for sports is quite natural. Sports should be recognized as a social need. Sports are so much important in life of a person that many wise men here tried to define its importance. Sports as an activity offer an opportunity of gaining self-knowledge. Self-expression, fulfillment, personal achievement, skill acquisition and demonstration of ability, social interaction, enjoyment, good health and well-being. It promotes involvement, integration and responsibility in society and contributes to the development of society, especially when sports activities have been accepted as an integral part of the culture and tradition of every society and every nation. It is an evident fact that the statistics pointed out, while women and girls account for half of the percentage of their (50 percent) the percentage of their participation in sports varies from country to country and is far less than that of men and boys in our country. Despite a growing participation of women in sports and games in the recent years and also the increased opportunities for women to take effective participation in domestic and international

Correspondence
Narender
Assistant Professor of Physical
Education, A.I. Jat H.M.
College, Rohtak, Haryana, India

field on a significant representation of women in decision making process in sports has not taken place to occupy a conspicuous position. This result in unequal opportunities for women and girl in sports resulting the violation of constitutional mandate regarding “equality before law and equal protection of law in the territory of India”. It has been widely accepted that women’s experiences, values and attitudes can enrich enhance and develop sports. So, also participation in sports can enrich, enhance and develop women’s personality in the society.

In modern society, sports have a very important role to play. Much of the attraction of the sports came from the wide variety of experience and feeling that result from participation, namely, joy, anguish, success, failure, pain, relief and a feeling of belonging. Sports competitions offer considerable opportunities to us becomes stars are better known than the leading positions of a country. Sports have ever reflected development in society primitive sports were limited and regulated by taboos and traditions. Modern sports are played by prescribed rules and set norms. The difference between the primitive and modern rules is that modern sport are rationalized rather than prescribed by traditions.

Students come from very different socio-economic classes, values, intelligence, capacity, ideas, ambitions of the students vary according to their socio-economic status. The factor of status has impact on the values of the students and also intelligence.

Socio-economic status player on important role in the development values of an individual. It is first important thing in determining what a student is and what he is going to be in future. In some homes, the parents are well educated and having well social background and wholesome personality those parents, who nurture their children in a psychological passion. Hence their children develop better values. The socio-economic status of parents influences the values of child as a whole. Therefore, if we want to understand the values of student, then first we should watch their socio-economic status. It is the duty to parent to provide better environment and socio-economic status to create the better values in their children. Now the question arises, “what is SESP”. ‘SES means the position an individual or family occupies with reference to the prevailing average standard of culture possessions and participation in group activity of the community.’

Keeping this dilemma in view and it has been considered appropriate to determine social and economic statuses separately in the two areas of social and economic aspects and then the two scores of different areas switched to one continuum or in standard scores which can give the socio-economic status of an individual.

So the term socio-economic status was used in the present study, includes parental occupation, factor of guardian’s education, parents or guardian’s monthly Income, house type, house hold material possession, monthly expenditure on magazines and books, a cultural sub-factors, education of children, brother and sisters level of aspiration, concept of social prestige and belief in caste.

Review of Literature

Lee and Cubbin (2002) [3] also reported that low SES teens were less physically active than high socio economic teens. Sharma and Hardikar (2010) [4] reported that income reflects the living of a family. There is no doubt that type, amount and timing of food can dramatically affect sport performance.

Kumar and Gopikrishna (2013) [2] revealed that there was a significant difference between team game players and individual game players on selected criterion variable such as socio economic status. Sharma (2015) [5] indicated the positive effect of socioeconomic status on the sport performance of junior national level male weightlifters. Significance of difference was also observed in sport performance between rural and urban junior national level male weightlifters of high, mediocre and low socioeconomic status.

Relevance of the Study

Previous studies stated on sports sociology to the importance of the Socio-Economic status of sportspersons because it’s directly affects at performance of the sportspersons. Socio-economic status is an important factor in sports success and sport is an important ingredient in a democratic society. An individual’s socio-economic status may influence his/here choice of activity, in which he/she take part effectively and performed the skills with a high level of motivations. It has been recognized that socio-economic factors play a vital role in an individual’s performance in sports. The Socioeconomic status make-up of an individual plays an important role in their achievements in every field of life. Considerable research have been conducted on the socio-economic status of sports persons, individuals sport players. But very few research studies are available in published from a socio-economic status of on sports like team game players and individual game players. There are many psychological factors like socio-economic status attitudes, motives, spectators, self-concept, motivation, adjustment etc., which influence the participation and performance of sportsmen in games and sports. The socio-economic status of the group and the status of an individual in his group influence competitive and co-operative behavior for different reasons and the different factors that those motivating people in the middle and upper economic group influencing the well-being of the players. On the basis of this background the investigator notes that Socio-Economic status has paramount influence in sports performance. In State, National and All India level research on Socio-economic status is much laminated, therefore, the present study “A study of socio-economic background of individual game players and team game players Rohtak district.”

Objective of the study

To compare the socio-economic status of individual game players and team game players.

Hypothesis

There is no significant difference in socio-economic status of individual game players and team game players.

Limitations of the study

1. Diet of subjects, daily routine, Leisure time, and rest of students cannot be controlled by researcher and hence was a limitation to the study.
2. Collection of the data was not possible single handedly; the researcher took help from a number of qualified professional from the field of sports and games to facilitate easy data collection. However, the research cannot control the intra individual variation of this assistance.
3. Although socio-economic factor will be assessed during this study, the related factors of the players during assessment testing period cannot be controlled.

Delimitations of the study

Since the researcher had to work successfully with proper planning within limited time and finance, he delimited the study as follows.

1. The study is delimited to the individual game players and team game players in Rohtak district only.
2. The study is delimited those students have participated in Inter-University or State level players.

Research Methodology

Eighty athletes (30 individual game players and 30 team game players) of rohtak district, age between 18 to 28 years were randomly selected for the study.

Tool Used

To measure socio-economic status, the standardized socio-economic status scale by A.K. Kalia and Sudhir Sahu (2012)^[1] has been used

Statistical Techniques

Mean, Standard deviation and 't' Test were used to analyse the data,

Data Analysis

The present study was conducted with the aim of examining the level of socio-economic status among athletes of individual game and team game of Rohtak district. The data of 60 athletes was analysed by calculating 't' test besides the descriptive statistics (mean and standard deviation).

Table 1: Mean, Standard Deviation and 't'-value of socio-economic status of individual and team game players

Variable	groups	N	Mean	S.D.	't' Value
SES	Individual Game Players	30	61.53	12.47	2.881**
	Team Game Players	30	55.10	11.79	

**Significant at 0.01 level

Table 1 shows that 't' value (2.881) of socio-economic status of individual and team game players is significant at 0.01 level of significance. It means that there is a significant difference in socio-economic status of individual and team game players. The mean score of Individual game players (61.53) is higher than team game players (55.10) and differ significantly. It means that individual team game players have better socio-economic status than team game players.

Conclusion

Previous literatures state on sports sociology and the importance of the Socio-economic status of athletes, because it directly affects the performance of the athlete. The present study shows that individual game players have better socio-economic status than team game players. The sports is an important ingredient in a democratic society. As an individual's socio-economic status may influence his choice of activity, in which he take part effectively and performed the skills with a high level of motivations. It has been recognized that socio-economic factors play a vital role in an individual's performance in sports. It has been recognized that socio-economic factors play a vital role in an individual's performance in sports. The socio-economic status make-up of an individual plays and important role in their achievements in every field of life. Socio-economic status of an individual may influence his opportunity, his desire to excel, his choice of activity and his success. The home environment often influences his motivation to succeed in sports and the degree to which success in this endeavor leads to inner satisfaction. Many psychological factors like socio-economic status, attitudes, motives, spectators, self-concept, motivation, adjustment etc., which influence the participation and performance of sportsmen in games and sports.

The present study is useful to Physical education teachers, trainers, coaches and policy makers for further plan of action regarding to individual and team game and players. Government should supply necessary facilities to the players, college and university for the development of individual and team games.

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