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Comparative study on rural and urban sports participants with special reference to sports specific personality dimensions

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Abstract

The purpose of the study was to compare the sports specific personality between female Players from rural and urban area who took participation in Inter-collegiate Competition of Mangalore University. The objective of the study was to find out whether there is any significant difference in the female Players of rural and urban area. For the purpose of this study total 270 female players from rural and urban are were selected as a sample who participated in Intercollegiate Competition of Mangalore University. Subjects was selected using Simple Random Sampling Method for this study.

The research Scholar selected sports specific personality test Scale for the study. Proper SSPS 14.0 version is used for the analysis of data. Study found significance difference in some features. Study revealed significance difference in sports specific personality dimensions.

Keywords: sports specific personality, sports participants, rural and urban

Introduction

Personality is the product of social interaction in group life. In society every person has different traits. They have different types of personalities because individuals are not alike. It refers to the habits, attitudes as well as physical traits of a person which are not same but have vary from group to group and society to society, everyone has personality, which may be good or bad, impressive or unimpressive. It develops during the process of socialization in a culture of a specific group or society. The feeling and actions of an individual during interaction moulds the personality. It is the sum of total behaviors of the individual, interests, mentality and intelligence. Personality is the sum of physical and mental abilities and capabilities.

The sociologists says that the personality of the individual develops in a social environment. In the social environment, the individual comes to have moral ideas, social attitudes and interests. After birth the child learns to live in the society. Family is the cradle of all social virtues. The first environment of the child is his home. Here the child contact with parents and other family member and people, expectancies of security and emotional responses all are shaped in early childhood. The early childhood experiences received from the family play an important role in the development of personality. Besides this, economic condition of the family and the type of relations between the parents also influence the personality of the child. Hence, the social environment has an important say in the personality development of the child.

Certain cultural traditions, ideals, and values etc., are leave a permanent impression on the child's personality

Schools play an important role in moulding the personality of the children. Because school life is a significant part of a child's life. In the school, the teacher substitutes the parents. The child involves in different activities in the school and learns more from its peer group. All these activities contribute to mold the personality of child and to develop it. The personality of a child depends upon several factors including family composition, home environment, socialization, childhood experiences, education, socio-economic status, parents' occupations etc. Family influences on personality development are highly significant as parent child relationship, parenting, emotional climate of home; size and type of family determine the process of development during childhood years. (Hurlock, 1998; Wolman, 2000)

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The area of the child live or grow is also influence on its personality. There are lot of difference in rural and urban area families in various factors. The living culture, routine work, dress code, foods and habits are also differ from rural to urban. The school environment entirely different from rural area and urban area in facilities, activities and other factors. The investigator observed that these differentialities in rural and urban areas social life may influence on personality of the individual, sports participation and sports performance.

Sports specific personality

The sports person commonly having certain personality dimensions. These personality dimensions known as sports specific personality. It includes sociability, dominance, extroversion, conventionality, self-confidence, mental

toughness and Emotional stability. And these personality dimensions are important to a sports person.

Methodology

The method of the present study is descriptive research. 270 female sports participants who participated in inter collegiate level tournaments in different events were randomly selected. Data were collected by sports specific personality scale. Data were analyzed by SPSS.

Analysis

Following table shows the comparison of sports specific personality between female sports participants of rural and urban area.

Table 1: Type of dimensions of SSP

Dimensions of SSP	Groups	Mean	Std. Deviation	T	p	Level of significance
Sociability	Rural	48.51	4.962	-.855	.393	NS
	Urban	49.13	5.107			
Dominance	Rural	42.36	4.272	-2.651	.009	HS
	Urban	43.98	4.186			
Extraversion	Rural	39.30	4.530	-2.292	.023	Significant
	Urban	40.76	3.958			
Conventionality	Rural	40.13	4.214	-1.678	.094	NS
	Urban	41.13	3.731			
Self-concept	Rural	45.51	5.075	-.167	.868	NS
	Urban	45.63	4.058			
Mental toughness	Rural	42.54	5.267	-1.133	.258	NS
	Urban	43.39	4.977			
Emotional stability	Rural	42.53	5.809	-2.241	.026	Significant
	Urban	44.63	8.396			

Significant at 0.05 level, NS= Not significant, HS= Highly Significant, S=significant

Table shows that the significance difference between rural and urban sports participants of female section in the dimension of dominance, extraversion and emotional stability of sports specific personality. Table shows highly difference in dominance and significant difference in emotional stability and extroversion.

Discussion

It was hypothesised that the rural and urban female sports participants were having difference in personality regarding sports. Study reveals that the significant difference is found in dominance, extraversion and emotional stability in female section. It is clearly believed that the personality of the individual develops in a social environment. Social environment includes the peer groups, family influence, school environment and cultural environment of the individual are plays an important role in development of personality. Mainly these factors influence at the age 6-20 years of the individuals.

Generally it is believed that the rural and urban social environment is totally different. The family environment is not same in rural and urban area. Urban area we found micro family and most of the houses are in rural area are with joint family. The school environment also having major different in urban area than rural area. And the cultural beliefs are more stress on female participation in sports in rural area.

Conclusion

Study concluded that the social environment of the individual including family, living style, occupation of the parents and school environment influence on the sports personality. Rural and urban area social environment, school environment differ

from each other, so the sports specific personality dimensions difference found between rural and urban area female sports participants.

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